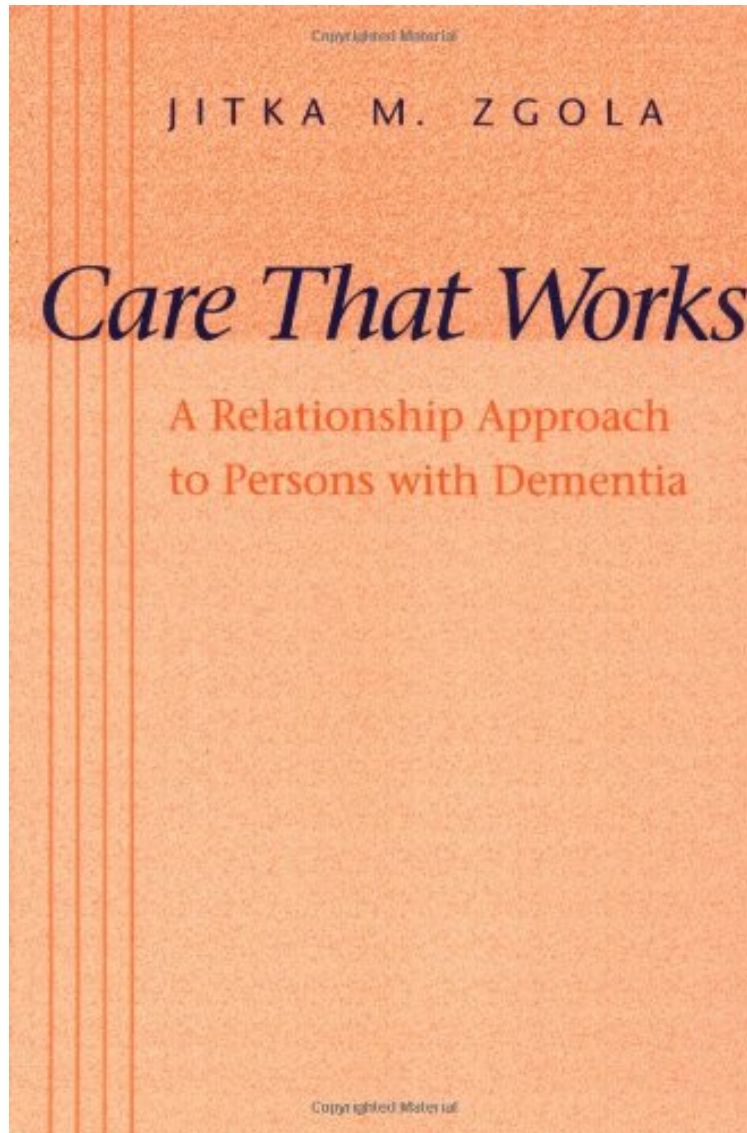


Care That Works: A Relationship Approach to Persons with Dementia

Jitka M. Zgola

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Jitka M. Zgola : Care That Works: A Relationship Approach to Persons with Dementia before purchasing it in order to gauge whether or not it would be worth my time, and all praised Care That Works: A Relationship Approach to Persons with Dementia:

0 of 0 people found the following review helpful. A bit out dated By Robert Russell Didn't add much to the body of knowledge for a care giver. Would not recommend it for someone just learning about care giving 0 of 0 people found

the following review helpful. Book for ClassBy DGI had to have this for a class and it really is a good read. The approach they discuss is very affective in many cases.2 of 2 people found the following review helpful. Very Helpful!By Page N. McdonaldThis book is very helpful in dealing with dementia patients. It gives a more humane point of view. A good addition to my library!

In her widely acclaimed *Doing Things*, Jitka M. Zgola offered practical and much-needed advice for those caring for persons with Alzheimer disease. Now, in *Care That Works*, Zgola shows how caregivers can better meet the demanding challenges of their job by building and improving their personal relationships with those in their care. Instead of simply prescribing approaches, *Care That Works* gives caregivers the information with which they can develop their own approaches, evaluate their effectiveness, and continue to grow in skill and insight. Zgola explains that optimal dementia care involves three elements: a good relationship between the caregiver and the person who has dementia, a safe and nurturing environment, and meaningful activities. Evident throughout the book is Zgola's gift for compassionately portraying the difficulties faced by people with dementia and then suggesting ways to act in a manner that accords such people the respect and dignity they deserve. Topics that receive special attention include communicating with persons who have language deficits and coping with problem behaviorstwo critical problems in dementia care.

"Jitka Zgola uses many examples of real life situations to enhance the book, and those examples are amusing and touching, adding a very personal dimension." (*Canadian Journal of Occupational Therapy*)"Jitka Zgola balances hard knowledge, outstanding research, and years of experience with writing that reflects great warmth and understanding. I find it impossible to read her books without a highlighter in hand." (*Alzheimer's Care Quarterly*)"Zgola outlines a tolerant and imaginative approach which deserves a wide readership. Her tea group for severely demented residents has elements of genius." (*Age and Ageing*) "A valuable resource for professionals, paraprofessionals, and family members working with Alzheimer's disease patients." (*Educational Gerontology*)"This guide shows how to establish a positive environment for Alzheimer's patients by providing social interaction and productive activity, with an emphasis on treating patients with empathy, courtesy, and dignity." (*Health Progress*)About the AuthorJitka M. Zgola is an international consultant and educator based in Canada. She is the author of *Doing Things: A Guide to Programing Activities for Persons with Alzheimer's Disease and Related Disorders*, also available from Johns Hopkins.