

[PDF] Catherine: Story of a Young Girl Who Died of Anorexia

Catherine: Story of a Young Girl Who Died of Anorexia

Maureen Dunbar

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#2892964 in Books 1986-04-24 Original language: English PDF # 1 1.00 x 1.00 x 1.00l, #File Name: 0670810142144 pages | File size: 59.Mb

Maureen Dunbar : Catherine: Story of a Young Girl Who Died of Anorexia before purchasing it in order to gauge whether or not it would be worth my time, and all praised Catherine: Story of a Young Girl Who Died of Anorexia:

0 of 0 people found the following review helpful. Very sad story with tragic end. Poor family! By Lisa Griffin Great book. I wanted to read it after I watched the movie on you tube. It was out of print, but I found it in used condition on and ordered it. It was a very sad story. The story is told by the mother. How tragic what happened. It was back when people did not know a lot about anorexia. How this family suffered! 0 of 0 people found the following review helpful. DANGERS OF DIETING By A Customer I read the novel 'Catherine' a few years ago, and it deeply saddened me. 'Catherine' is written by the mother of a twenty-two year old girl who died of anorexia nervosa in 1984. The testimony is a brave and frank account of Catherine's terrible illness which gripped her from the age of fifteen years old. It intersperses extracts from Catherine's diary, which show the tragic mental and physical effect this illness had on her. Her diary records her food intake, and her weight, which tragically plummets to 3 stone when she dies. It touches on her childhood days, where Catherine was a happy and bubbly child, and continues throughout the development of her illness. I would recommend this book to anyone, especially young girls considering dieting. It shows how out of hand dieting can be, and certainly a great help to those suffering from anorexia. I myself suffered from this illness, and this book gave me some strength to battle with it. I didn't want to die like Catherine, and the many other girls who die each year from this horrifying condition. 2 of 2 people found the following review helpful. truthful insight into an often romanticised world By A Customer eating disorders are often romanticised; few know of the real pain which they cause,

and courage which they demand, in both the sufferer and the family members and friends. This touching documentary of a young girl's struggle with, and eventual defeat by anorexia nervosa is openly told by her mother and accompanied by excerpts from her diaries. As the book so truthfully details Catherine's behaviours, it may be disturbing to the unaware, tear-wrenching to those directly/indirectly affected but yet also so critical to the understanding of the seriousness of these psychological disorders.

Maureen Dunbar recounts her daughter's tragic battle with anorexia nervosa with excerpts of Catherine's moving diary entries. Told in the third person narrative.