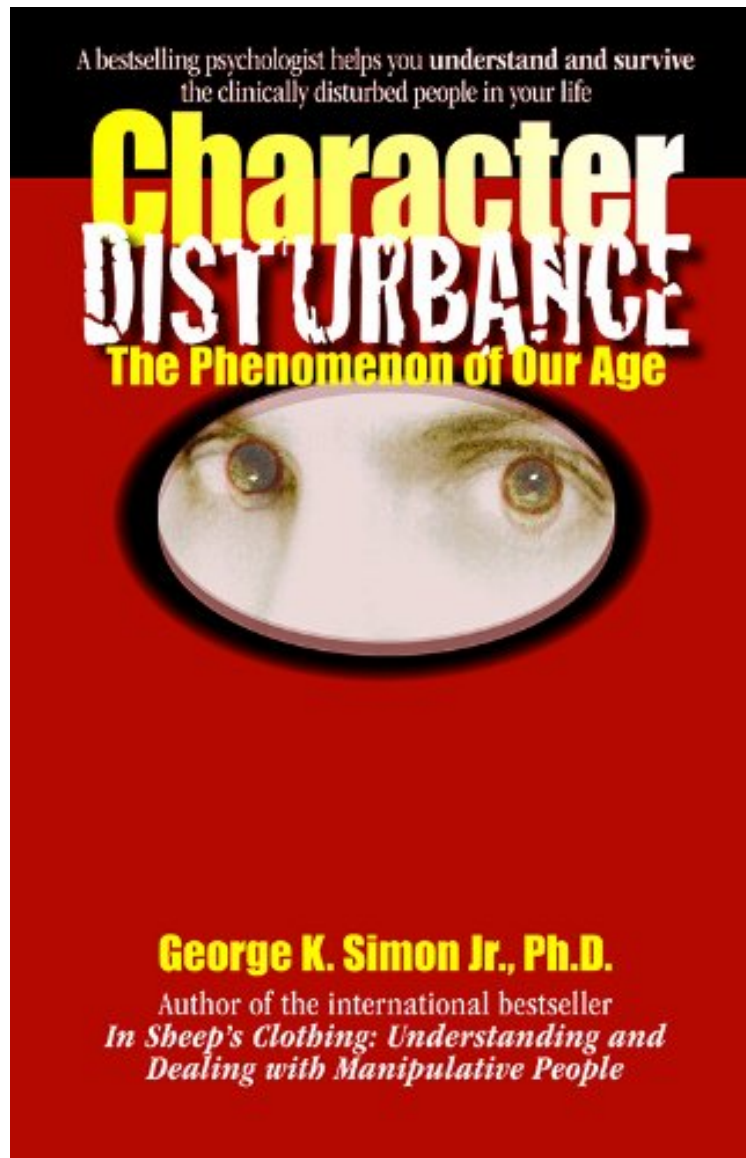


[Free] Character Disturbance: the phenomenon of our age

## Character Disturbance: the phenomenon of our age

*George K. Simon Ph.D.*

*ebooks | Download PDF | \*ePub | DOC | audiobook*



[Download](#)

[Read Online](#)

#152877 in Books 2011-06-01 Original language: English PDF # 1 8.50 x .70 x 5.50l, .75 #File Name: 1935166336256 pages | File size: 21.Mb

**George K. Simon Ph.D. : Character Disturbance: the phenomenon of our age** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Character Disturbance: the phenomenon of our age:

54 of 54 people found the following review helpful. Im getting a better understanding of my husbandBy MoriahGeorge Simon has a different perspective than traditional psychologists, and he makes a lot of sense. This book gave me a better understanding of my husband, and it told me why Phil likes to torment me. Phil falls under the

aggressive personality type, as a covert predator. Aggressive types are liars, and they do not want the truth to come out. Phil will never own up to the covert things he does to me. I can't resolve any issues with him, because he does not want them resolved. Phil does not want me to know him (what he is really like). He will not expose himself to me, by having an honest discussion. I have stopped reacting to his mind-manipulations and that includes not confronting him about it. The other day I put my glasses on the end table in the living room next to my phone. We were going to a performance that evening. I went to get my glasses and they were gone. I got my spare pair out of my car, without saying anything to Phil. At the performance he said 'do you know where your phone is?' I said 'yes, I left it on the end table in the living room, but my glasses were missing. That's why I'm wearing the spare glasses I keep in my car.' When we got home Phil said in his sharp, button-pushing voice, 'you need to find your glasses.' I said 'I'm going to read for a while. I'll look for them later.' I read for an hour then went to bed. When I got up I checked the end table. My glasses were sitting there next to my phone. I never said a word to Phil about returning them. That would give him ammunition to attack me, and say I can look right at something and not see it (been there, done that... won't happen again). Phil enjoys setting me up, then he watches the fireworks... at least he used to. I don't go there now. I am no longer a screaming bitch. It didn't take long after I married Phil, for me to realize something is very wrong with him. My first impression was passive-aggressive, but that didn't quite fit. Phil is covert-aggressive and there is nothing passive about it. He does it viciously and with intent. I recognized Phil's faulty thinking, and that is a big piece of the puzzle, but the hardest piece to snap into place (by far) was why Phil does it: lie, sabotage, betray me, set me up, trick, deceive, play mind games, use information against me (basically everything you would do to your enemy, not your spouse). Why Phil does it is important to know. Disturbed Characters answered that question to make himself feel superior. Phil wants to have an advantage over me. He wants to be one up. He does not want to relate straight across, like an equal. He wants to keep me in the dark. He wants to control me. If Phil can emotionally devastate me, if he can trick me, play mind games on me, deceive and betray me, in his twisted mind, this makes him superior to me. My mental torment is his reward for being a superior person. Only a mentally deranged person would believe this. Disturbed Characters are mentally deranged. 5 of 5 people found the following review helpful. One of the best books on this topic By K. Xanthe One of the best books on this topic. The author provides unique insight into the human behavior continuum. He describes the range between all about "we" and the other is all about "me". The author explains that psychology commonly believed as appropriate for the "we" side is not appropriate for those on the "me" side. He gives examples of the problems created by commonly believed psychology assumptions in this context with character disturbances. He explains how traditional psychology can make the problems worse, and how to approach it more effectively. 240 of 247 people found the following review helpful. Belongs in your library By Curious Frog George Simon has a genius for organization. He takes a complicated subject of human behavior and breaks it down to easily understandable subtopics, exploring the gamut of character traits from neurosis to psychopathy. He gives simple, easy to follow strategies for dealing with the manipulative people in our lives, whether they are patients or relatives. He even addresses the concerns of people who have rid themselves of the disturbed character that plagued them and suggests ways to move on. I was particularly impressed with his chapter on the process of character development and his conclusions as to how character - or the lack of it - affects everyone in our society at every level. It's the most pressing issue of our day, yet seems to be the most ignored. Personally, I found the book engaging because I have read multiple works on psychopathy, abusers, victimology, narcissism, etc., even scanning the DSM IV on and off for years trying to pin-point the pathology of a disturbed character in my life. He didn't fit into any of the boxes in any of the books. Finally, in Simon's first book, "In Sheep's Clothing," I found my answer. I was thrilled to find an author who understood those people who do have a conscience but act as if they don't because it is so underdeveloped, and who could explain to me how to deal with them. By the way, if you've read the 1-star review (I always start with the lowest review, myself) you'll probably have come to the conclusion I did: that the reviewer has...issues. Yes, Simon does say that disturbed characters refuse to submit to any authority, because they want what they want now in the easiest way, and they want to "win." They have great insight, and understand that others in our culture submit to a "God," a "higher authority," or the will of "society." They just refuse to do so. So yes, the word "God" is in the book, along with many other words. Laypersons and professionals will both benefit from this book. Enjoy!

Modern permissiveness and the new culture of entitlement allows disturbed people to reach adulthood without proper socialization. In a book meant both for the general public and for professionals, bestselling author and psychologist George Simon explains in plain English: How most disturbed characters think. The habitual behaviors the disturbed use to avoid responsibility and to manipulate, deceive, and exploit others. Why victims in relationships with disturbed characters do not get the help they need from traditional therapies. A straightforward guide to recognizing and understanding all relevant personality types, especially those most likely to undermine relationships. A new framework for making sense of the crazy world many find themselves in when there's a disturbed character in their lives. Concrete principles that promote responsibility and positive change when engaging disturbed characters. Tactics (for both lay persons and therapists) to lessen the chances for victimization and empower those who would otherwise be victims in their relationships with many types of disturbed characters.

About the Author George K. Simon, Ph.D., earned his degree in clinical psychology at Texas Tech University. He has been in institutional and private practice for thirty years. Often sought as a speaker and workshop leader throughout the USA, Dr. Simon has been seen on CNN, Fox News Network, and CBS This Morning. Learn more about Dr. Simon by visiting his website, <http://www.drgeorgesimon.com> and/or his popular blogs at <http://www.manipulative-people.com>