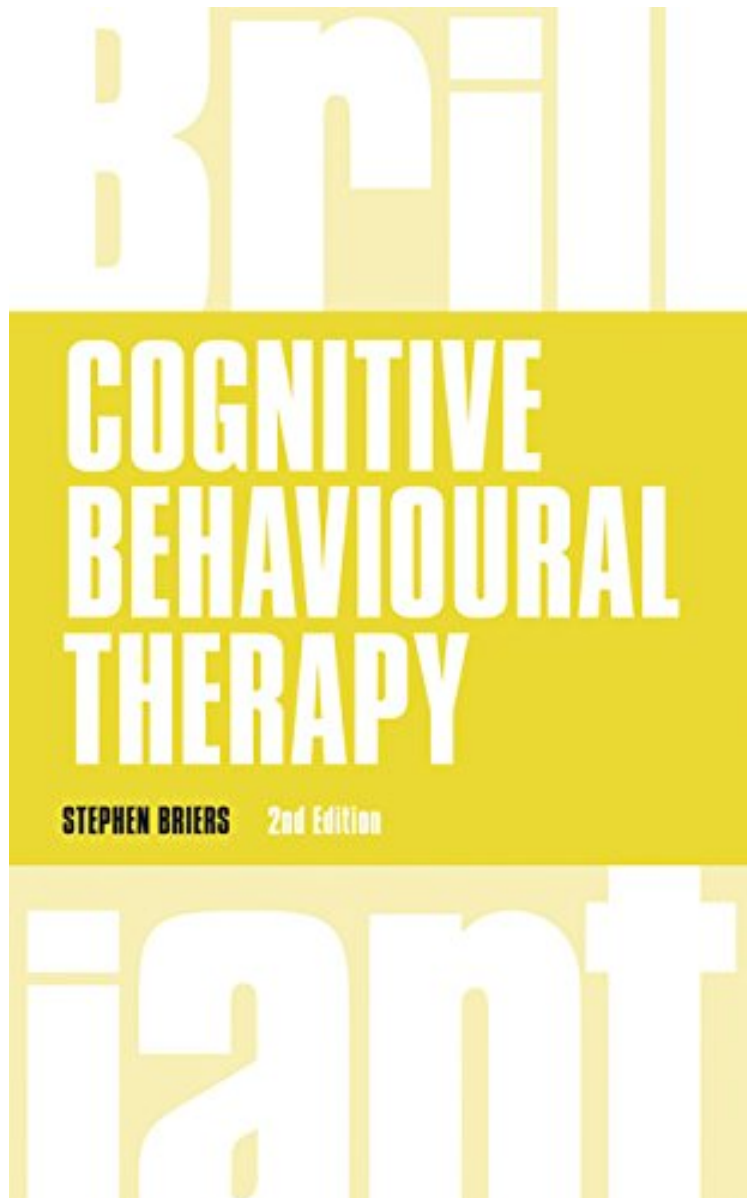


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Cognitive Behavioural Therapy (Brilliant Business)

Stephen Briers

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About the Author Stephen Brier trained as a clinical psychologist and studied at Cambridge University, where he was later employed in child development research at the Winnicott Unit. Today Stephen works clinically with both children and adults. His various television appearances include four series of the popular BBC parenting programmes Little Angels and Teen Angels and Make Me A Grown-Up for Channel 4. He has also been a regular contributor to the Brain and Behaviour column in The Times Educational Supplement.