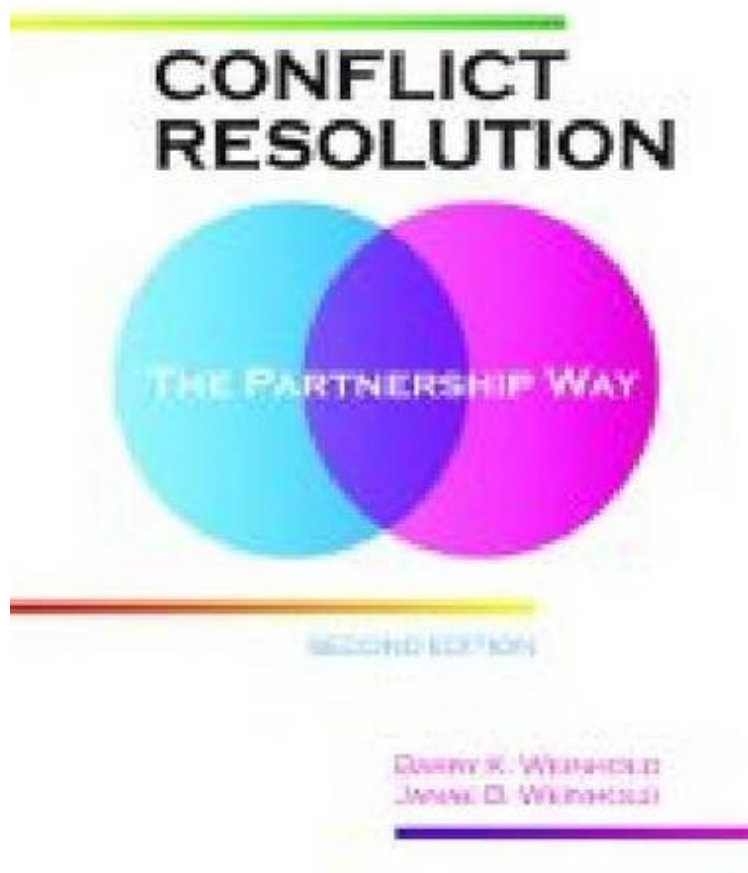


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Conflict Resolution: The Partnership Way

Barry K. Weinhold

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Barry K. Weinhold : Conflict Resolution: The Partnership Way before purchasing it in order to gage whether or not it would be worth my time, and all praised Conflict Resolution: The Partnership Way:

3 of 3 people found the following review helpful. Really wish had the new version of this text
By Johanna Holmlund
This book is wonderful, but this version is nearly 15 years old. The newer version made quite a few important changes. Even this version is useful, but no matter the reason you want this book (whether it's for a class, a workshop, or for personal use), the newer version is going to work better for you. I also had an issue with the amount of pseudoscience included in this book, particularly chapter 3. I found it really erodes the authors' authority, which is a shame, considering how much they have to offer. There's plenty of good science mixed in with the bad, so if that matters to you, it's going to require some extra effort to isolate the good stuff. It's well worth doing so in the end, though. I can't believe I'm saying this about something this new-agey, but this book was life-changing for me. If you

have problems with dealing with conflicts- whether you're dogged by explosive conflicts at every turn or, like me, you're absolutely petrified of any sort of interpersonal conflict- this book can help you in a big way. The authors approach conflict from a therapeutic perspective that essentially helps you deal with conflict in your life from the inside out. They help you discover why certain types of conflict seem to show up repeatedly in your life, why certain conflicts affect you more deeply than others, and what tools might best help you to resolve conflicts in positive ways. Many parts of the book are written from a more spiritual perspective that I don't personally identify with or believe in, but I was pleased to find that the strategies they suggest are useful even outside of a spiritual framework. If you're looking to change the way that you conceptualize and approach conflict, this book is a wonderful place to start- just make sure to get the new version if you can! 0 of 0 people found the following review helpful. Awesome book! By Jacy Pickens This book was awesome and I would recommend it to anyone! It was affordable, shipped early and was in great condition!