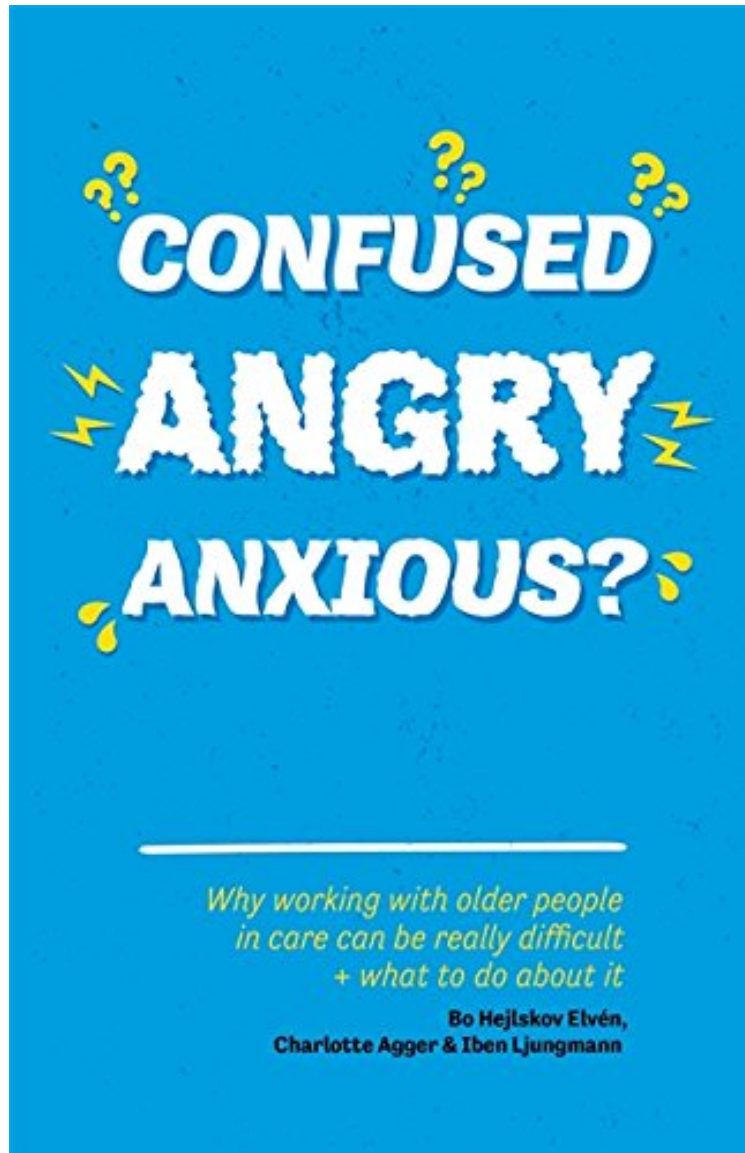


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Confused, Angry, Anxious?: Why working with older people in care really can be difficult, and what to do about it

Bo Hejlskov Elvn, Charlotte Agger, Iben Ljungmann
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Bo Hejlskov Elvn, Charlotte Agger, Iben Ljungmann : Confused, Angry, Anxious?: Why working with older people in care really can be difficult, and what to do about it before purchasing it in order to gage whether or not it would be worth my time, and all praised Confused, Angry, Anxious?: Why working with older people in care really

can be difficult, and what to do about it:

Working with older people in care can be challenging and frustrating, especially when they behave in ways that seem irrational, aggressive, or unreasonably repetitive, and nothing you can do seems to help. The authors of this useful and practical book explain how to understand the difficult and annoying ways in which older people in care can behave, (especially people with dementia), how to stay calm and kind, and how to solve the problems they can create. With many examples of everyday challenges and how to deal with them, this book has the potential to change your working life.

I have admired the best dementia care practice in Denmark for many years. They use an inclusive approach that does not blame or stigmatise but that uses positive action to make a real difference. Within this book you will find an intensely practical approach focussing on some of the most challenging situations we face in everyday care. Highly recommended! -- Professor Dawn Brooker, PhD CPsychol (clin) AFBPsS, Director of the Association for Dementia Studies, University of Worcester I have admired the best dementia care practice in Denmark for many years. They use an inclusive approach that does not blame or stigmatise but that uses positive action to make a real difference. Within this book you will find an intensely practical approach focussing on some of the most challenging situations we face in everyday care. Highly recommended! (Professor Dawn Brooker, PhD CPsychol (clin) AFBPsS, Director of the Association for Dementia Studies, University of Worcester)About the AuthorBo Hejlskov Elvn is a Clinical Psychologist based in Sweden. He is an independent consultant and lecturer on autism and challenging behaviour, and an accredited Studio III trainer. Charlotte Agger is a nurse and the managing director of a dementia centre. Iben Ljungmann is a psychologist who works as an independent consultant in dementia care.