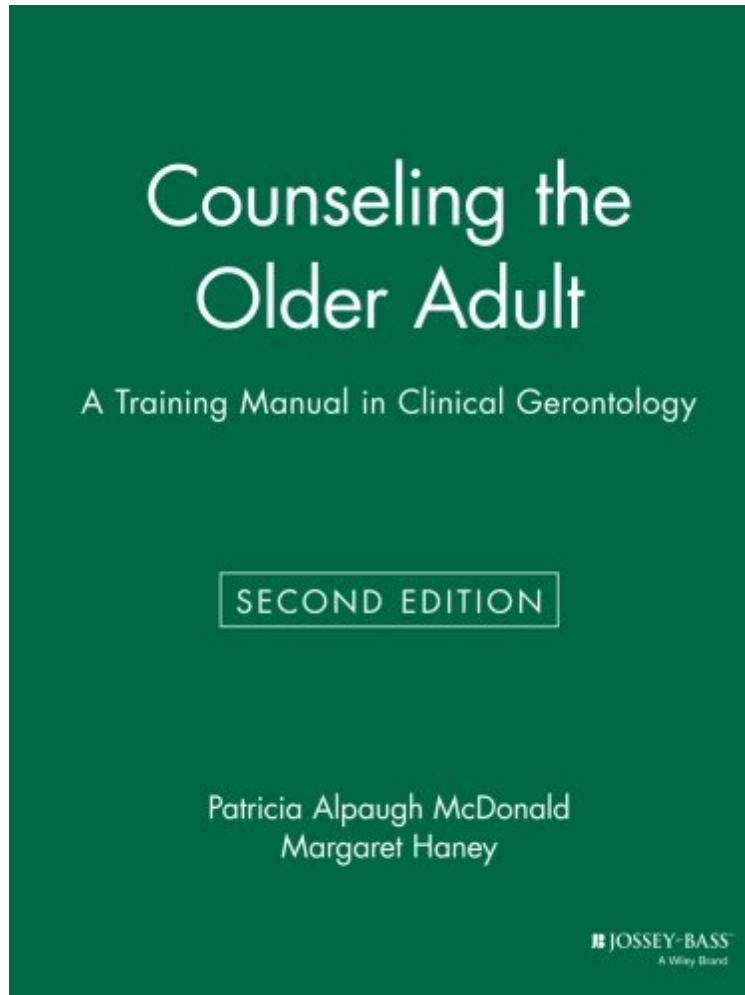


Counseling the Older Adult: A Training Manual in Clinical Gerontology

Patricia Alpaugh McDonald, Margaret Haney
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#1842627 in Books Jossey-Bass 1997-10-03 1997-10-03Original language:EnglishPDF # 1 10.93 x .60 x 8.44l, 1.05 #File Name: 0787939412190 pages | File size: 23.Mb

Patricia Alpaugh McDonald, Margaret Haney : Counseling the Older Adult: A Training Manual in Clinical Gerontology before purchasing it in order to gage whether or not it would be worth my time, and all praised Counseling the Older Adult: A Training Manual in Clinical Gerontology:

An invaluable, step-by-step guide for understanding the basic problems and concerns of the growing population of adults over the age of 65. Based on years of clinical research and testing, this book provides a thorough review of critical information on older adults, the aging process, and mental health issues. Organized into a useful workbook

format, the book is filled with brief lectures, quizzes, exercises, and sample forms. These training materials are designed to help counselors build the interpersonal skills needed to provide aid and comfort for senior citizens requiring psychological services.

From the Back Cover This invaluable guide is a step-by-step method for understanding the basic problems and concerns of the growing population of adults over the age of 65. Based on years of clinical research and testing, it provides a thorough review of critical information on older adults, the aging process, and mental health issues. Organized into a useful workbook format, the book is filled with brief lectures, quizzes, exercises, and sample forms. The training materials are designed to help counselors build the interpersonal skills needed to provide aid and comfort for senior citizens requiring psychological services. It also teaches basic communication and counseling skills with a method that develops empathy, respect, and sincerity. Also Available from Jossey-Bass Publishers: *Treating the Elderly* 0-7879-0219-5, 288 pages Javid I. Sheikh, Editor A wonderful, extremely useful guide for therapists and counselors. Chapter authors present insightful, practical guidance for front-line clinicians dealing with such difficult problems as late-life depression and anxiety, suicide, bereavement, insomnia, sexual dysfunction, and dementia. Thomas H. Crook III, president and CEO, Psychologix *The Adult Years: Mastering the Art of Self-Renewal* 1-55542-365-5, 304 pages Frederic M. Hudson Explores how adults can design meaningful lives that flow with intelligence and flexibility through changing, uncertain times. Hudsons practical vision for self-renewal and reorientation is designed for all adults who wish to establish a life course, manage changes, and engage in lifelong learning. *Innovative Behavioral Healthcare for Older Adults: A Guidebook for Changing Times* 0-7879-0963-7, 272 pages Paula E. Hartman-Stein, Editor Offers timely guidance to policy-makers and the general public. With all the effort we make to live longer, we also must be willing to take the steps illuminated here to enhance the quality and satisfaction possible in our later years. Here is a new resource to push us forward. Senator John D. Rockefeller IV *Why Women Live Longer than Men???*and *What Men Can Learn from Them* 0-7879-0340-X, 192 pages Royda Crose Based on years of research and her work in geriatrics, Dr. Crose reveals how womens capacity for flexibility, connection, and resilience allows them to sustain and survive lifes inevitable disappointments and crises. She also explains how boys and men can develop these attitudes and behaviors, which may add years to their lives.