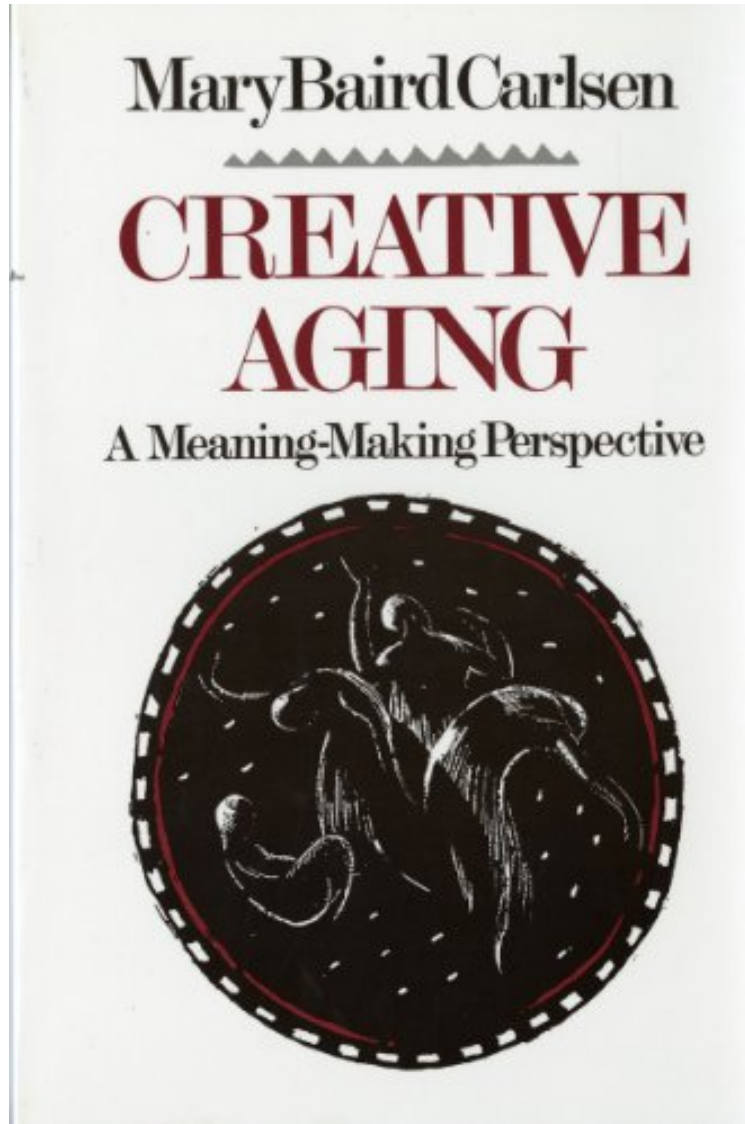


[Free pdf] Creative Aging: A Meaning-Making Perspective

## Creative Aging: A Meaning-Making Perspective

*Mary B. Carlsen*

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Creative Aging is unique in its blending of the theoretical and the practical. On the one hand, attention is given to discussions of perspectives on aging, definitions of creativity, theoretical frameworks for development, therapies for aging, and cognitive habits and cultural tendencies that interrupt creative aging. On the other hand, Carlsen introduces many illustrative stories and models and describes practical, concrete steps to creative aging. All material is carefully developed and interwoven and smoothly bridges the gaps between theory and practice.

From the Back Cover  
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