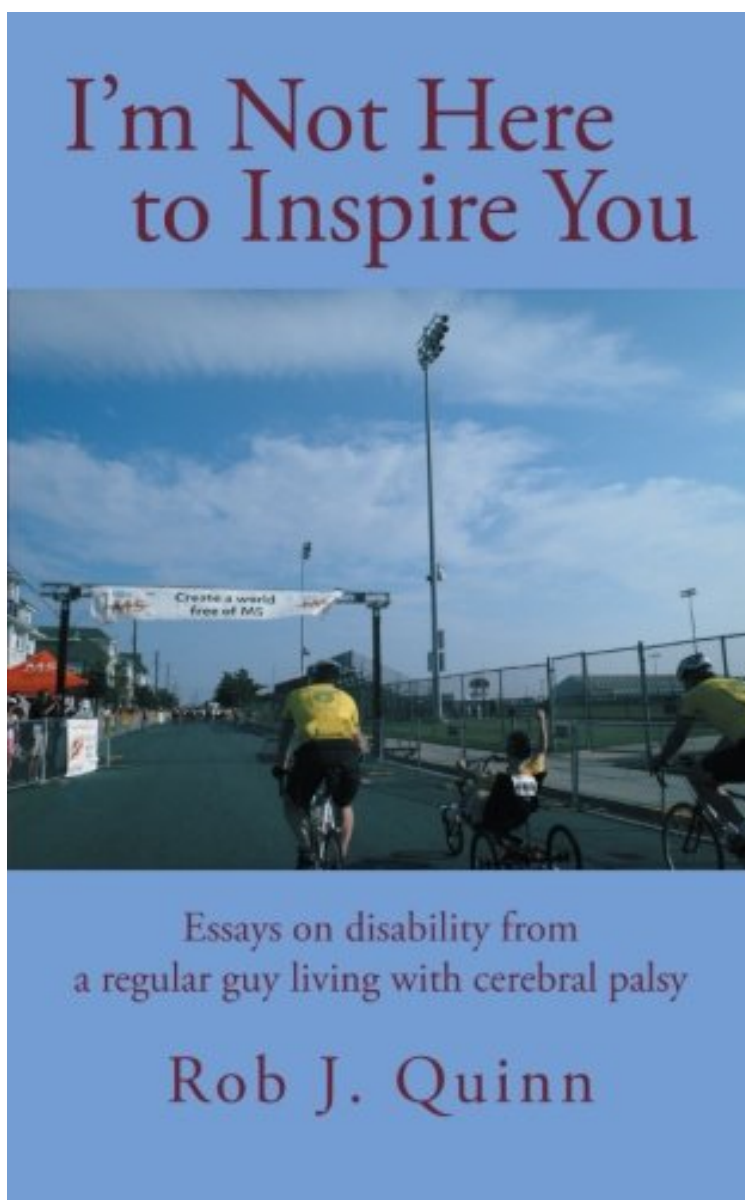


[Mobile ebook] I'm Not Here to Inspire You: Essays on Disability from a Regular Guy Living with Cerebral Palsy

I'm Not Here to Inspire You: Essays on Disability from a Regular Guy Living with Cerebral Palsy

Rob J. Quinn

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Rob J. Quinn : I'm Not Here to Inspire You: Essays on Disability from a Regular Guy Living with Cerebral Palsy before purchasing it in order to gage whether or not it would be worth my time, and all praised I'm Not Here to Inspire You: Essays on Disability from a Regular Guy Living with Cerebral Palsy:

3 of 3 people found the following review helpful. Who needs your "inspiration" anyhow?By DonnaI quit reading halfway through. I have spastic diplegia, and hope I have never had the utterly bitter attitude that comes across in this book. No able-bodied person around the author seems to be able to do or say anything related to his disability that meets with his approval. And for someone who claims not to want to inspire, there is certainly enough boasting about workout routines, miles on the bike etc...to lead one to believe otherwise. I've been able to over-achieve in many ways, and if I'm able to inspire someone, disabled or able-bodied, I'm happy to be able to make a difference.2 of 2 people found the following review helpful. One of those rare books that is both important AND entertainingBy Lisa G. GoldschmidtI want to say this is an "important" book - and it IS important in many ways. For example, it is important because it dispels many myths that even the most enlightened among us believe about people living with disability. As soon as I finished it I passed it on to my daughter and to others because it is that important. But it is a disservice to simply label this as an important book because it is so darn entertaining! The best thing about this book is that it is real and funny and sad and wise and all of those things that keep you up all night reading until you turn the last page. That is what I did with this book and didn't even regret the lost sleep the next day. Pick up this book, read it, and share it! And be prepared to brew some extra strong coffee the next day to make up for the lost shut-eye....0 of 0 people found the following review helpful. I had to read the book for one of my classes and it was definitely one of the better books I've had to read in that classBy CustomerOverall open and honest about many different topics. I had to read the book for one of my classes and it was definitely one of the better books I've had to read in that class.

In this collection of essays, Rob J. Quinn offers insights on his own experiences as a man living with cerebral palsy and challenges the perceptions of people with disabilities offered by the able-bodied world. Many of the pieces are meant to give teens and young adults living with physical disabilities a new perspective on some of the issues they are dealing with in their daily lives. Quinn tackles topics such as going to school, physical therapy, dealing with the isolation that people with disabilities can experience, and pushing the limits of the physical abilities people possess despite a disability. *I'm Not Here to Inspire You* is intended as a positive, yet honest look at aspects of living with a physical disability. After reading several essays from Quinn, Philadelphia Inquirer columnist Daniel Rubin wrote that the writer "chronicles his life unflinchingly"

About the AuthorRob J. Quinn started as a freelance writer for the Philadelphia Inquirer Sports section, and wrote a series of articles on the disability community for the local section of the paper. He moved on to eventually work full-time as an editor with a children's book publisher, and wrote a book for the publisher on a freelance basis. Quinn then spent several years blogging. His sports blog, Rob Q. Ink, was often quoted in the Inquirer's "Blog Zone" section of the paper. On Rob Q. Ink-Page 2, the writer offered thoughts on various topics, including the disability community. Learn more about the author and *I'm Not Here to Inspire You* at <http://robjquinn.blogspot.com/>. The site also offers links to find him on Facebook and Twitter, as well as other contact information.