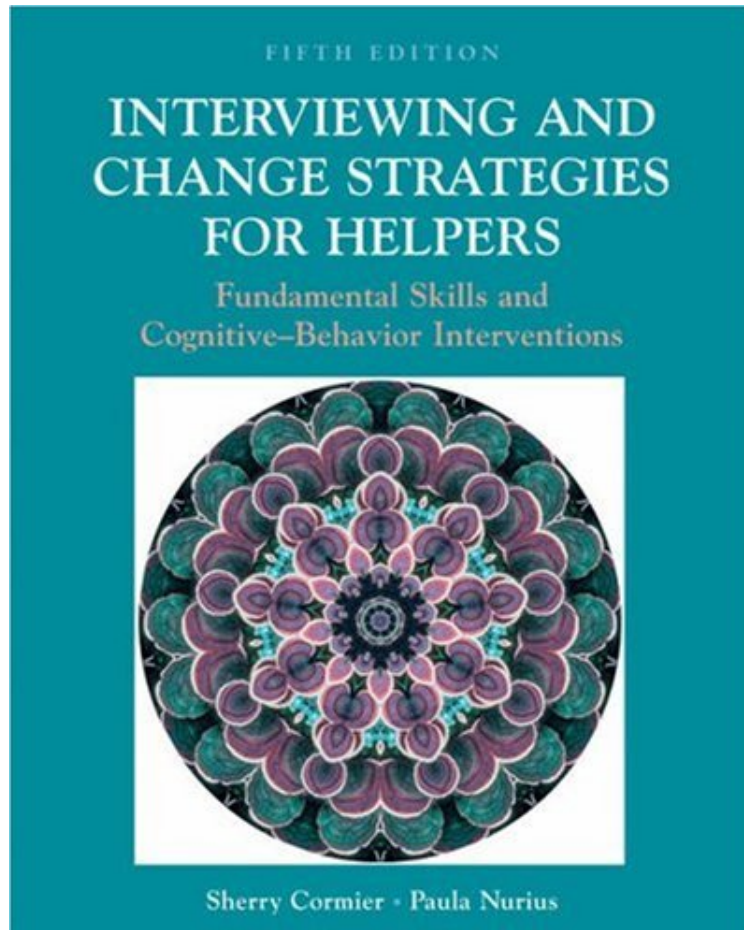


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Interviewing and Change Strategies for Helpers: Fundamental Skills and Cognitive Behavioral Interventions (with InfoTrac)

Sherry Cormier, Paula S. Nurius

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Sherry Cormier, Paula S. Nurius : Interviewing and Change Strategies for Helpers: Fundamental Skills and Cognitive Behavioral Interventions (with InfoTrac) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Interviewing and Change Strategies for Helpers: Fundamental Skills and Cognitive Behavioral Interventions (with InfoTrac):

0 of 0 people found the following review helpful. Good price, great quality By Samantha Good price, great quality 0 of 0 people found the following review helpful. Five Stars By JennyL This is an excellent hands on, introductory CBT manual. 0 of 0 people found the following review helpful. Four Stars By Cassie Groth Great! Thanks!

This innovative revision of a respected text skillfully combines evidence-based interviewing skills and cognitive-

behavioral intervention change strategies applicable to a wide range of client ages, cultural backgrounds, and problems in living. The book interweaves attention to conceptual and empirical foundations with a practical skills emphasis on real-life factors in contemporary settings with diverse clientele. Long commended for its synthesis of up-to-date professional knowledge with case models, learning activities, and guided feedback, **INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS** adds significant new content on vital topics such as ethics, critical thinking, technology, managed care, client resistance, and cultural diversity. Now in its Fifth Edition, the interdisciplinary team of Cormier and Nurius blend updates and a proven instructional format focusing on knowledge, skills, commitments, and tools at the core of what is needed by today's professional helpers.

"Interviewing and Change Strategies for Helpers, 5/e represents a very strong combination of introduction to the basic skills for helping professionals and the basics of cognitive behavioral interventions. The material is very well ordered, clear, and represents a major update from the prior editions of the text. This edition is particularly strong on the issues of diversity and culture, evidence-based treatments, and treatment planning. The text brings in the realities of providing services under managed care environments." "I applaud the new title. Much more accurate and engaging...achieves the right balance of breadth and depth...very much appreciate the discussion of professional development in Chapter 1, as well as the emphasis on self-awareness and critical thinking in Chapter 2. These are the very things that we stress in our MSW program. Bravo for early inclusion of material on cultural competence and diversity. Its infusion throughout the book is palpable and important." About the Author Sherry Cormier is Professor Emerita in the Department of Counseling, Rehabilitation Counseling, and Counseling Psychology at West Virginia University in Morgantown, WV. She is a licensed psychologist in the state of West Virginia. Her current research and practice interests are in counseling and psychology training and supervision models, issues impacting girls and women, health, wellness, and stress management. Paula S. Nurius is a Professor in the School of Social Work at the University of Washington in Seattle and Director of the Prevention Research Training Program funded by the National Institute of Mental Health. Dr. Nurius is a mental health specialist; her research, practice, and teaching addressing perception and responding under conditions of stress and trauma with particular concern for vulnerable populations, conditions of social disadvantage, and fostering prevention and resilience-enhancing interventions. Her current scholarship focuses on life course stress, including interrelationships among violence and adversity exposures, mental health, substance use, and personal/social resources on adaptive and maladaptive development.