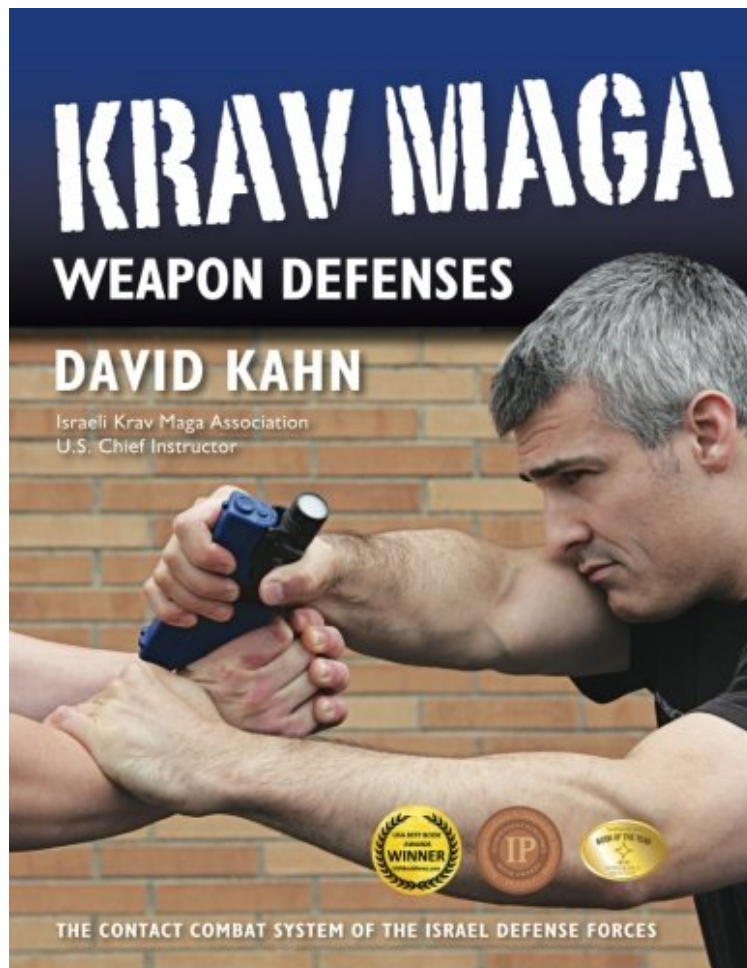


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Krav Maga Weapon Defenses: The Contact Combat System of the Israel Defense Forces

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David Kahn : Krav Maga Weapon Defenses: The Contact Combat System of the Israel Defense Forces before purchasing it in order to gauge whether or not it would be worth my time, and all praised Krav Maga Weapon Defenses: The Contact Combat System of the Israel Defense Forces:

2 of 2 people found the following review helpful. Excellent book By Customer I highly recommend that any kravist should purchase this book. David Kahn has once again authored another well written, easily understood publishing with photographs that visually depict the true defensive executions of the Israeli Krav Maga Gidon System. The explanations of practical applications of Israeli Krav Maga defensive tactics are complimented by sound written instruction along with the book's plethora of step-by-step photographs in each chapter. All levels of Krav Maga practitioners are benefited by this publication. I can attest to the efficacy of the contents of this book as I have trained

under David Kahn's instruction. I would caution kravists against publications by any system other than the IKMA Gidon System. These splinter "krav maga instructors" have strayed from certain basic principles established by Imi Lichtenfeld Grandmaster Haim Gidon. 4 of 4 people found the following review helpful. Krav Maga Hell yeah! By Customer I am a Krav Maga Practitioner, I have been studying this art for only a year and I love it. This is down to earth, top notch, well done reading. The movement are shown clearly, the readings and explanations are fantastic I am a true fan. This book does not cover you typical Krav Maaga basics it centers most of the attention on weaponless defence, or defence against weapons. The author knows his stuff and I have implemented some of this books material into my training as well and in my instruction. Krav Maga is a dirty way to fight, but in a dirty world, dirty fighting is allowed, especially when faced with an oppennet who intends to kill you, cripple you or beat the hell out of you by means of a weapon. Buy the book and get to work. 1 of 1 people found the following review helpful. Great read and great reference for my library By D This instructional book is a great read. I love using this as a quick reference when I practice my Krav Maga. I have been training in Pure Krav Maga for 9 months now and need to glance back to refresh every now and again. This book makes it easy to reference back. Some of the pictures may not be really clear but they try to explain it with text to make it more clear. Overall a great buy. I would recommend it as a must to add to someones library...

Winner 2013 USA Best Books Award Winner - 2013 IP's Book Award Finalist 2013 Book of the Year Award by ForeWord Magazine Regardless of strength, size, age, or gender, you can learn krav maga techniques to fend off an armed attacker. Israeli Krav Maga is the Israel Defense Forces official self-defense system. The system is simple, instinctive, adaptable, and if necessary, brutally effective to thwart a life threatening assault. Krav maga is particularly world renowned for its weapon defenses. This book presents the most up-to-date and effective techniques to prevail against armed threats and attacks. These techniques are incorporated into the green, blue, brown, and black belt levels of the Israeli krav maga curriculum. Many of these updated defenses have never been seen before. Grandmaster Haim Gidon has improved and evolved this material with the late krav maga founder Imi Lichtenfelds formal approval. Contents include these important topics: Weapon awareness training; functionality, range, and deployment Dominant control holds over a stunned assailant Edged weapon defenses Impact weapon defenses Handgun defenses Rifle defenses Defending against weapons while on the ground Defending against continuous attacks Non-conventional weapon threats First-party hostage situations Kravist weapon defense drills The conditioning and hand-eye coordination achieved by practicing these techniques will tone your muscles, improve your reflexes, and get you street prepared. This is the most up-to-date, authoritative, and advanced guide to the worlds premier weapons defense tactics.

The Krav Maga I have learned from David Kahn is highly efficient and effective. Whether in the street or in combat, these skills are a force multiplier. I highly recommend the book Krav Maga Weapon Defenses to anyone serious about street survival or hand-to-hand combat. (Ronald Jacobs, GySgt., U.S. Marine Corps, Martial Arts Instructor Trainer, 3rd Degree) David Kahn brought an already top-notch fighting system to another level. (John Ouelett, Special Agent, FBI) Your efforts and dedication reflect distinct credit upon yourself and the Israeli Krav Maga Association. (Peter R. Mucciarone, Lt. Col. Dept. of the Army) Your training assisted our Marines to learn a valuable combat skill set. (M. K. Jeron, U.S. Marine Corps) Krav maga is the worlds most brutal martial art. We met David Kahn for a lesson well never forget. (Men's Fitness) About the Author David Kahn is the United States Chief Instructor for the Israeli Krav Maga Association. He has trained all branches of the U.S. military in addition to federal, state, and local law enforcement agencies. David is an instructor certified by the State of New Jersey Police Training Commission. He has been featured in Men's Fitness, GQ, USA Today, The Los Angeles Times, The Washington Post, New Yorker, Marine Corps News, and other major publications. David also authored the books Krav Maga and Advanced Krav Maga and produced the Mastering Krav Maga DVD series. David Kahn resides in Hamilton, N.J.