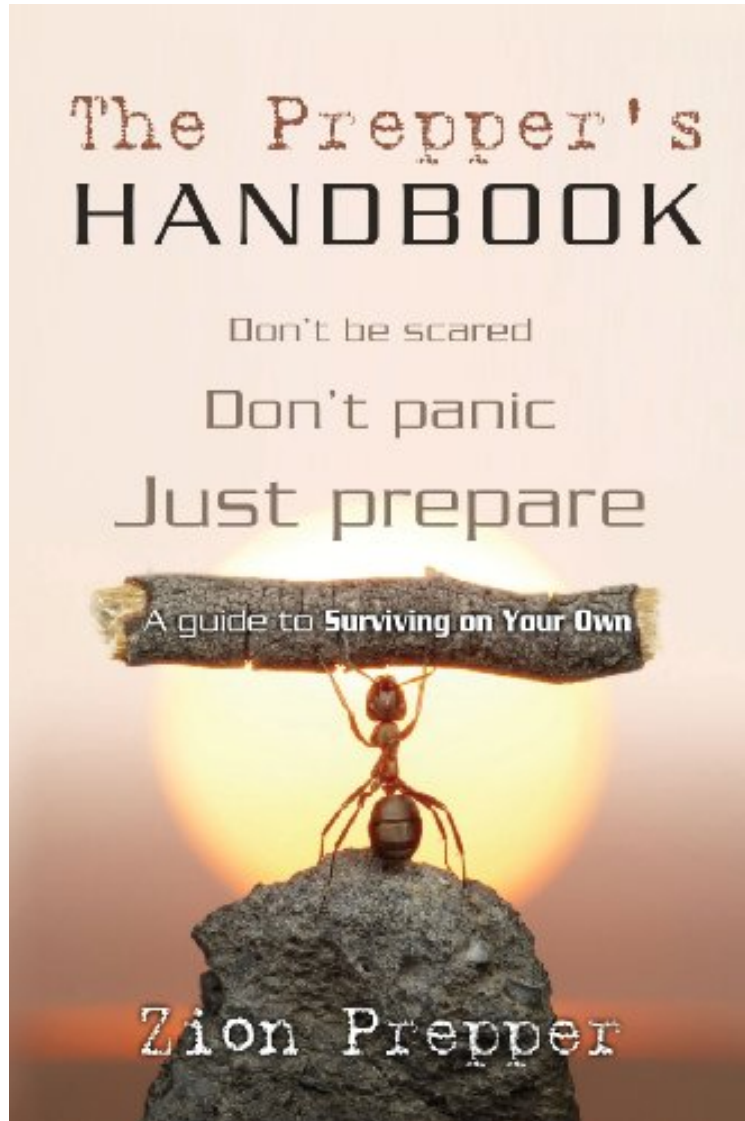


[E-BOOK] The Prepper's Handbook: A Guide to Surviving on Your Own

The Prepper's Handbook: A Guide to Surviving on Your Own

Zion Prepper, Bryan Foster

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Zion Prepper, Bryan Foster : The Prepper's Handbook: A Guide to Surviving on Your Own before purchasing it in order to gage whether or not it would be worth my time, and all praised The Prepper's Handbook: A Guide to Surviving on Your Own:

141 of 148 people found the following review helpful. Save your moneyBy WoodyThe ten bucks will do you more good in your prep stash than this book. This is strictly for beginners, and I gave it three stars for beginners. If you want to plan for natural disasters this is a fair start; if you want to plan for SHTF this is not the book by any means.If you

want to plan for SHTF then I would suggest a cheaper alternative, the internet. There have been a couple SHTF's in recent history, for instance Argentina's financial collapse and the Bosnian war. There are many REAL survival stories from both of these on the internet and from them you will learn what it's really like, (this books author does not know what its really like, he's a pilgrim) and you will learn a lot more. If you want a good useful book I think one on outdoor survival techniques would serve you better than this. Lastly, I'd recommend if you are really serious, tape your refrigerator shut, tape your toilets shut, turn off your water, shut off all electrical everything (except your frig, no need to damage good food for an experiment) and shut off anything running on gas. Try that for a weekend and you'll be a lot smarter than you are now. Primitive campers will do better than most, but it will be eye-opening for all. While you're drinking out of your hot water heater you'll wish you had that survival book to read since there's no internet. You'll wish you had a camp toilet and a LOT of garbage bags, but you'll be learning real fast. If you're in a cold climate, don't do this when the pipes could freeze, but realizing they will freeze and what might flood, what might be damaged, should be part of your learning knowledge. With no TV or internet you'll have a lot of time to think, and to think about the problems associated with every season in your area. This little exercise will drive you nuts in a few hours and you'll turn everything back on, but you'll still be smarter. Make some adjustments and try it again and see if you can go 24 hours next time, then 48, and so on until you can go a whole week, that's graduation for most people.

0 of 0 people found the following review helpful. A Guide to Surviving On Your Own By Bill Reese I bought The Prepper's Handbook shortly after it came out in December 2011 and was very pleased with my purchase. Zion Prepper started with this book and some of it can be found in his latest release of The Prepper's Survival Guide: An Introduction to Prepping and a Guide to Fire. I do believe there are some things in this one that are as valuable and should be in both books. Regardless, I like the book overall. It was a very light read at 88 pages. I read fairly fast and it took me a little less than an hour. I have since reread it several times, gleaning more information from it with each pass. Within the pages of this condensed book is a wealth of information about the Theory of Prepping as well as definitions. This is followed by Mr. Foster's introduction to the Tenets of Prepping but it is discussed with only four of them. The updated tenet is Physical and Mental Well-Being and is something I would have definitely expected to be added over the span of time from this initial book to his latest. It is a valuable and great lesson that time has taught. The newer release also goes into a bit more detail on each of the tenets. What I like about the way this was done is with The Prepper's Handbook, the ideas were introduced, whereas in the latest release, it was explained in greater depth and a more advanced manner. Zion Prepper continues by discussing several other subjects from water to petroleum and from short and long-term food supplies to couponing. Yes, couponing. I support his stance on this as it has tremendously assisted my family and I to agree on the purchase of certain prepping supplies. We have been able to be prepared faster than it would have taken if we didn't use coupons. Buy-One-Get-One (BOGO) is the theme of the day and he provides resources and explanations around the subject. The way the author explains things within the pages of his books helps me to learn and keeps me interested. He does not do it in a condescending manner but instead as a teacher. This style in a book format will help many people to understand more about the prepper mentality. To round out the end of the book, Bryan takes a serious look at "What Do We Do If There Is a SHTF Situation." I think this was a great way to end the book as it causes the reader to think about what they are doing on a daily basis and what they need to do to prepare should a situation occur.

The Facts: Kindle Price - \$4.50 Paperback - \$7.19 from Prime members - \$0.0088 pages I would recommend this book for those interesting in knowing about prepping. I have let my children read it and the knowledge within the pages helped them to understand what we are doing and why.

7 of 7 people found the following review helpful. The most general of guides, more of an outline. By Kamai Silber I found this guide to prepping to be extremely basic. I have had an interest in prepping for a while, but I am not much of one yet. Got through this in about an hour on my flight. I believe this guide would be alright for someone with almost no idea what prepping is. If you are buying this as a gift for someone unsuspecting maybe. But if you have any general interest or common sense you already know more than this book. As I got further into the guide it seemed more like an essay written for a class. Many topics were covered but merely used listed as bullet points or just touching on the subject.

See the recently released Prepper's Handbook - Second Edition with over 100 pages of new information and available in two cover designs. My other books include The Ebola Survival Guide, The Christian Prepper's Handbook - Second Edition, The Prepper's Survival Guide - An Introduction to Prepping and a Guide to Fire, A Guide to Sheltering-In-Place, and The Survival Triangle: Fire. Shit Hits the Fan (SHTF). The End of the World As We Know It (TEOTWAWKI). A World without Rule or Law (WROL). This is what Preppers prepare for. Bug-out Vehicle (BOV), Bug-out Bag (BOB), Bug-out Location (BOL), Bug-out Directions (BOD). This is the language of the Prepper. This handbook will provide individuals, families, or groups access to the unique mindset of those survivalists called Preppers. Preppers prepare for unknown circumstances, such as economic collapse, natural events, manmade catastrophes, and even the end of the world. Preppers come from all walks of life, ranging from blue-collar workers to white-collar executives running multimillion-dollar companies. Preppers find peace of mind knowing that they have food, water, rifles, pistols, ammunition, shelter, heat, energy, and the experience to survive. They have knowledge and relationships that provide skills to construct, engineer, grow, preserve, forge, hunt, provide electricity, teach, and

balance the requirements of the survival triangle. Preppers act alone as well as become part of a larger Prepper community. To help better understand Preppers, I present The Survival Triangle, which most Preppers use as a guide. The Survival Triangle demonstrates the basic foundation of Prepping, and as such Ive labeled it the first tenet of Prepping. As a Prepper, I allow you to look through my eyes and share what Ive learned and applied to my life. I provide numerous examples and methods of how you can become and understand Preppers.

About the Author One night a father overheard his son pray: Dear God, Make me the kind of man my Daddy is. Later that night, the Father prayed, Dear God, Make me the kind of man my son wants me to be. That passage summarizes who I am. My family, and the experiences we create, is reflected in my life and writings. My family is the reason I prepare for either a Shit Hits The Fan (SHTF) or Significant Life Altering Event (SLAE). They are my everything. Formally, my name is Bryan Foster, penname Zion Prepper, and I hold a MS Chemistry, MS Management, MBA, and BS Forensic Chemistry. Im a Christian, husband, father, author, and Navy veteran. My books include: "Ebola Survival Guide", "The Preppers Handbook First/Second Edition, The Christian Preppers Handbook First/Second Edition, The Preppers Survival Guide: An Introduction to Prepping and a Guide to Fire, "The Survival Triangle: Fire", and The Preppers Survival Guide: Sheltering-In-Place.