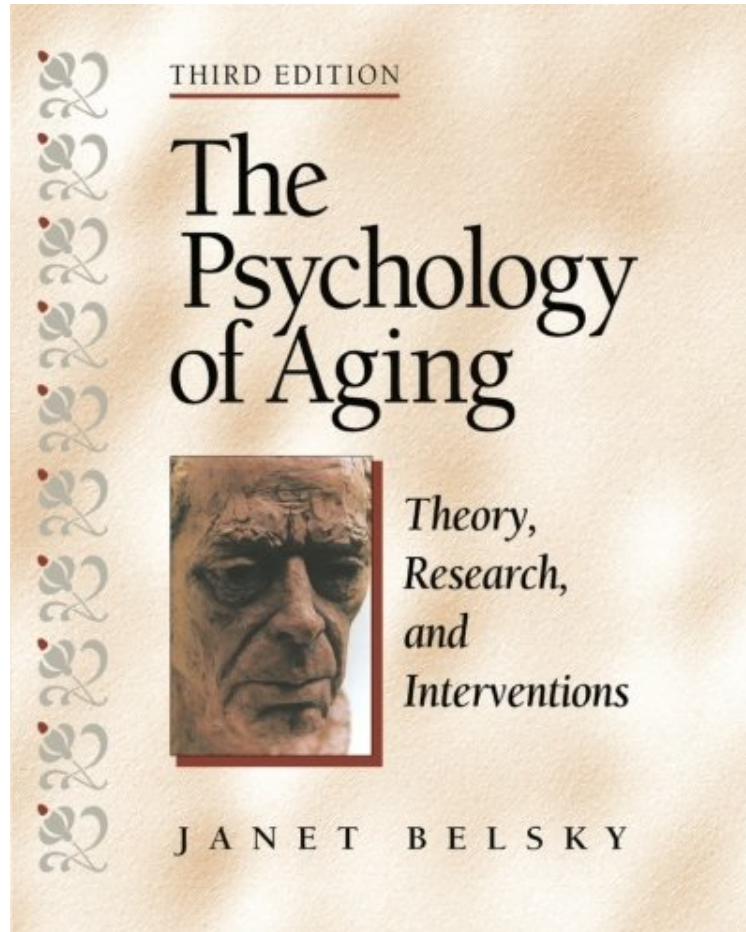


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The Psychology of Aging: Theory, Research, and Interventions

Janet K. Belsky

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Janet K. Belsky : The Psychology of Aging: Theory, Research, and Interventions before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Psychology of Aging: Theory, Research, and Interventions:

0 of 0 people found the following review helpful. NOT PSYCHOLOGY BUT GERONTOLOGY - MISLEADINGBy PJ KeysThis is not psychology but gerontology or a summary of studies on the aging process. Would urge Belsky to change the title of the book and not call it The Psychology of Aging. It is very misleading and not what I expected at all. Thought psychology was a study of the human mind and how it functions, especially how it affects behavior in a given context or set of conditions. In my view this book is really an encyclopedia of research findings (mostly physiology) of the body as it ages and deteriorates. Actually bought the companion book called Experiencing the Lifespan but am not even going to bother opening it. Perhaps, it could be useful as a college text book of some kind so that the student can quickly zero in on research projects on certain bodily functions but a psychology book it is not. Seems like Belsky did a lot of work putting it together, but it is gerontology and nothing more. I am 73+ and did not

benefit from the reading. So (for me) it was not written for those who are aging but for the young to may want to think about what it is like to age. There are better alternatives out there. I would strongly pass on this one.0 of 0 people found the following review helpful. Very good book in very good condition.By DebbieThis book was a required textbook for a psychology course. It is in very good condition. The information is very relevant for the psychology course that I had taken. I recommend this book for it has a lot of excellent material for the topics covered in the Psychology of Aging college course. In fact, this book also has a lot of relevant, beneficial information that I am now using for my assignments in my PSY Cognition college course.0 of 0 people found the following review helpful. great bookBy AudraGreat book good condition. . I would recommend this company too excellent delivery on time and fast no blemishes in the book which was noted at the time of purchase

This pioneering text is the only book to comprehensively explore both research and practice in the psychology of aging and to bring home the actual aging experience through the use of innovative narrative accounts. Because she limits coverage to the older years, Janet Belsky's text is able to offer an in-depth portrait of all aspects of the field--from traditional research, to concrete applications, to the crucial issues we as a society face as our population ages. With chapters constructed to unfold like a novel, this third edition of *THE PSYCHOLOGY OF AGING* genuinely integrates the field, highlighting the interconnections between concepts, research, and applications. These interconnections offer students a sense of an evolving, coherent discipline. The book is carefully planned to bring home how research applies to real lives. Belsky skillfully uses personal examples to highlight how concepts apply to people, and goes beyond the research to conduct her own interviews with aging professionals and older adults. Scholarly, research-oriented, and intellectually stimulating, *THE PSYCHOLOGY OF AGING* offers a rare, inside glimpse into the field of aging and the aging experience as it is actually lived.

"Professor Belsky is an exceptionally gifted scholar and writer. Her illustrations and descriptions of research reveal accuracy and clarity that is almost touching. One of the gems in this book is beginning each chapter with a story from real life that focuses on what will be discussed in the chapter. . . . Throughout each chapter is sprinkled other anecdotes from real life that illustrate what the author is discussing in the more scholarly sections of the chapter. Such examples reinforce what I have thought all along, that textbooks need not be boring to read or sluggish to get through."Overall, I am impressed with the text. Specifically, I think that the topics would be of interest to both faculty and students. Moreover, the author does a nice job covering the requisite academic areas and discussing some issues not typically covered in a psychology of aging text. I particularly liked the issues approach to the text."About the AuthorPh.D. University of Chicago