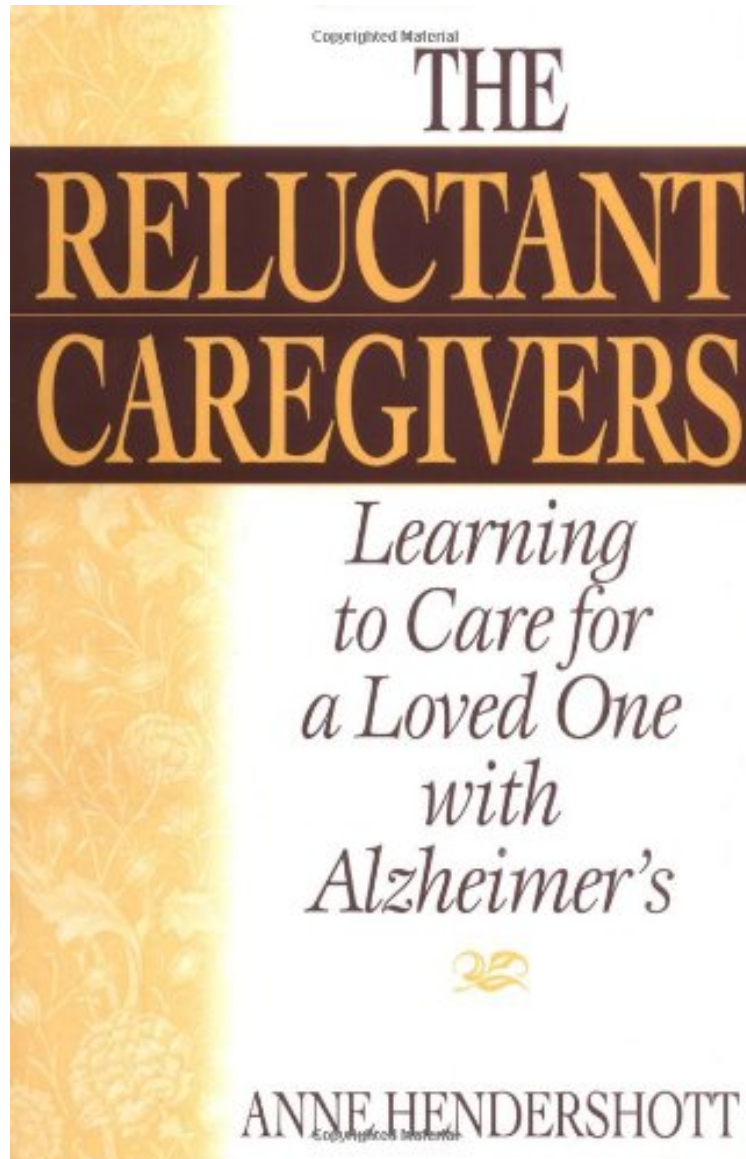


(Online library) The Reluctant Caregivers: Learning to Care for a Loved One with Alzheimer's

# The Reluctant Caregivers: Learning to Care for a Loved One with Alzheimer's

Anne Hendershott

DOC | \*audiobook | ebooks | Download PDF | ePub



DOWNLOAD



READ ONLINE

#4119750 in Books Springer-Verlag 2000-03-30Original language:EnglishPDF # 1 9.02 x .50 x 5.981, .92  
#File Name: 0897897110168 pages | File size: 77.Mb

**Anne Hendershott : The Reluctant Caregivers: Learning to Care for a Loved One with Alzheimer's** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Reluctant Caregivers: Learning to Care for a Loved One with Alzheimer's:

0 of 0 people found the following review helpful. The Reluctant CaregiverBy T. J. WarfieldAn Excellent book for

caregivers of Alzheimer Patients, I can highly recommend it for those who need to cope. It is very informative and I found very helpful. 5 of 5 people found the following review helpful. Informative and Personal  
By Brenda Parris Sibley  
Anne Hendershott, a professor who teaches about the sociology of aging, found herself unprepared for the challenge of caring for a mother-in-law with Alzheimer's. Combining the personal experience of a caregiver, who had a family and career as well, with the knowledge of a professional, this book can be very helpful to others who reluctantly find themselves in the role of caregiver. Practical information and tips from lessons learned in that role are shared along with this personal caregiving journey. A helpful appendix includes facts about organizations and selected Web sites, and a bibliographic essay shares information about helpful books....  
0 of 0 people found the following review helpful. So very helpful---and comforting! There is HOPE!  
By Peter Forest  
Anne Hendershott has offered a lifeline to all those who either care for, or know anyone associated with, this horrible disease! She gives perspective to the pain by affirming how normal are all of the feelings you have! Anne H. also gives a spiritual, up-lifting, insight how the work--the real work--loving and caring for the loved one with Alzheimer's is! One subtitle sums it up well --- "caring-giving, affirming the soul!" Anne H. sure has mine! And she will for you too if you read her book!

Although Hendershott has spent many years teaching and writing about the sociological aspects of aging, she writes that none of this could have prepared me for the overwhelming challenge of caring for my own mother-in-law in my home. She introduces baby boomers as the unexpected caregivers of the coming decades. The process of family denial about symptoms, work-family conflict, and the unique problems of children of caregivers are explored in an effort to find solutions to the caregiving challenge. Social science research is made accessible and is coupled with anecdotal information gleaned from interactions with other caregivers and personal experience. Throughout the book, Hendershott shows family caregivers that by gaining insight into their motivations for caregiving and by drawing from family support and help from the community, they can move beyond maladaptive caregiving coping styles, to a rewarding reality-based caregiving experience.

Both the book and bibliography should be helpful to family caregivers and should be required reading for health professionals, undergraduate and graduate students, as well as general readers--all who work with families caring for an Alzheimer's patient.  
Choice  
Both the book and bibliography should be helpful to family caregivers and should be required reading for health professionals, undergraduate and graduate students, as well as general readers -- all who work with families caring for an Alzheimer's patient.  
Science Technology  
[This] book will be a valuable contribution to assist other caregivers in their journey! I look forward to sharing it and using it as a reference.  
Marge Galante Director, George C. Glenner Alzheimer's Family Centers, Inc.  
It is so well written with such honesty, it surely will be a lifeline to those family caregivers yet to come. The Reluctant Caregivers is inspiring and offers honest reflections on the common and frustrating problems confronting family caregivers. This book is a must for families struggling in the world of Alzheimer's disease.  
Joy Glenner President/CEO, George C. Glenner Alzheimer's Family Centers, Inc.  
About the Author  
ANNE HENDERSHOTT is Professor of Sociology at the University of San Diego. She has written and taught about work-family issues and is a frequent presenter at gerontology workshops and conferences.