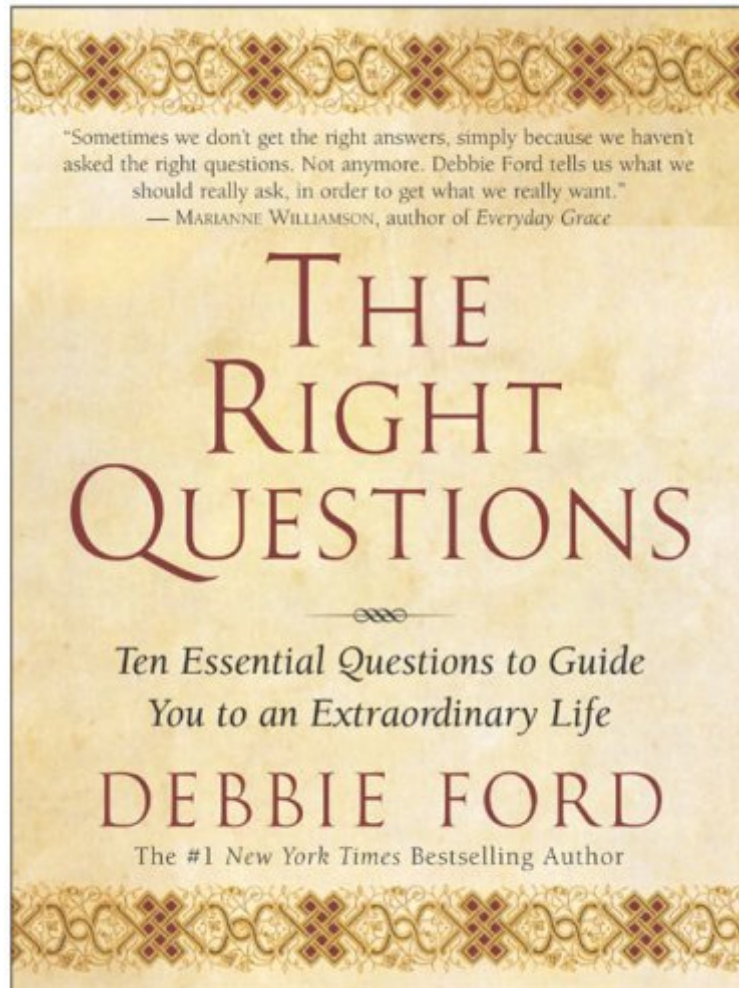


The Right Questions: Ten Essential Questions To Guide You To An Extraordinary Life

Debbie Ford

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Debbie Ford : The Right Questions: Ten Essential Questions To Guide You To An Extraordinary Life before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Right Questions: Ten Essential Questions To Guide You To An Extraordinary Life:

5 of 5 people found the following review helpful. and it will empower you to make new and healthy choices for the better. Each chapter in this book offers a new ...By Ali Crider As with every Debbie Ford book, this one will make you think and dig into your life, and it will empower you to make new and healthy choices for the better. Each chapter in this book offers a new question to ask when making decisions that impact your future. A simple concept, yet profoundly impactful. As I worked through the questions, it was almost like Debbie was there beside me, like a friend urging me to make new choices that would transform my life. 0 of 0 people found the following review helpful. A

much needed book
By Rebeccalynn I wish I had been given this book years ago, the way Debbie Ford writes is clear and straight to the point no sugar coating here. From this book it is clear that everyone opinion of common sense does differ I can relate to how she uses basic practical advice. It does offer food for though and in its own way the way a person looks in the mirror and what they see may not be what the person really wants. I suggest this book for anyone who feels they are stuck in life and need guidance. 8 of 9 people found the following review helpful. Let your LIGHT shine!
By Singalong Susie I love this book! Debbie Ford was a featured presenter in my studies at the Institute for Integrative Nutrition, and I wanted to read more of her work. I am moved not only by the right questions but also by the lists included. The things that "dim your light" and "make your flame roar" were very insightful for me. I purchased three copies of The Right Questions. One for me to underline and write notes in the margins! And two copies to share with people who could benefit from Debbie Ford's message and asking the right questions. I like the paired questions that help you make CONSCIOUS choices that move you either TOWARD what you want or away from what you desire. Use it on yourself, your spouse, and even your kids! Very empowering. p.s. As a person who enjoys making connections, I shared the list of things that dim and increase your light to my book club when we were discussing The Help. It added a new depth and perspective from which to view the characters and their circumstances both as individuals and groups (women, race, education, politics, etc.).

New York Times number-one bestselling author Debbie Ford presents revolutionary questions that, when answered with complete honesty, change the way we see ourselves and make decisions - ultimately moving us toward the life we desire. The realities of the life we live today are a result of the choices we made yesterday, three months ago and three years ago. But we dont wind up \$50,000 dollars in debt because of one extravagant purchase. Nor do we put on 30 unwanted pounds as a result of a couple of decadent meals. And our relationships certainly dont fall apart overnight because of one decision. We are where we are because of repeated unconscious choices made day after day. If we want to understand why and how we created our present day reality, all we need to do is look at the choices we made in the past. Ford cuts right through our denial with the 10 questions that immediately reveal the true motivations behind our thoughts and actions. But more than that, by rigorously and honestly asking and answering these 10 vital questions, we regain control and have the power necessary to create the life we always wanted.

Both practical and profound, this book will provide you with a powerful framework to make life-changing choices. (Cheryl Richardson author of Stand Up for Your Life and Life Makeovers) Whatever you desire - the Right Questions will move you powerfully forward in the direction of your dreams. (Jack Canfield Co-Author, Chicken Soup for the Soul(R) and The Power of Focus) Debbie Ford tells us what we should really ask, in order to get what we really want. (Marianne Williamson, author of Everyday Grace) Debbie Ford is an innovative thinker and skillful guide on the path to emotional freedom. (Tara Bennett-Goleman author of Emotional Alchemy) About the Author DEBBIE FORD (October 1, 1955 - February 17, 2013) is the national bestselling author of Dark Side of the Light Chasers, Secret of the Shadow, Spiritual Divorce, The Right Questions, The Best Year of Your Life, Why Good People Do Bad Things, and The 21-Day Consciousness Cleanse.