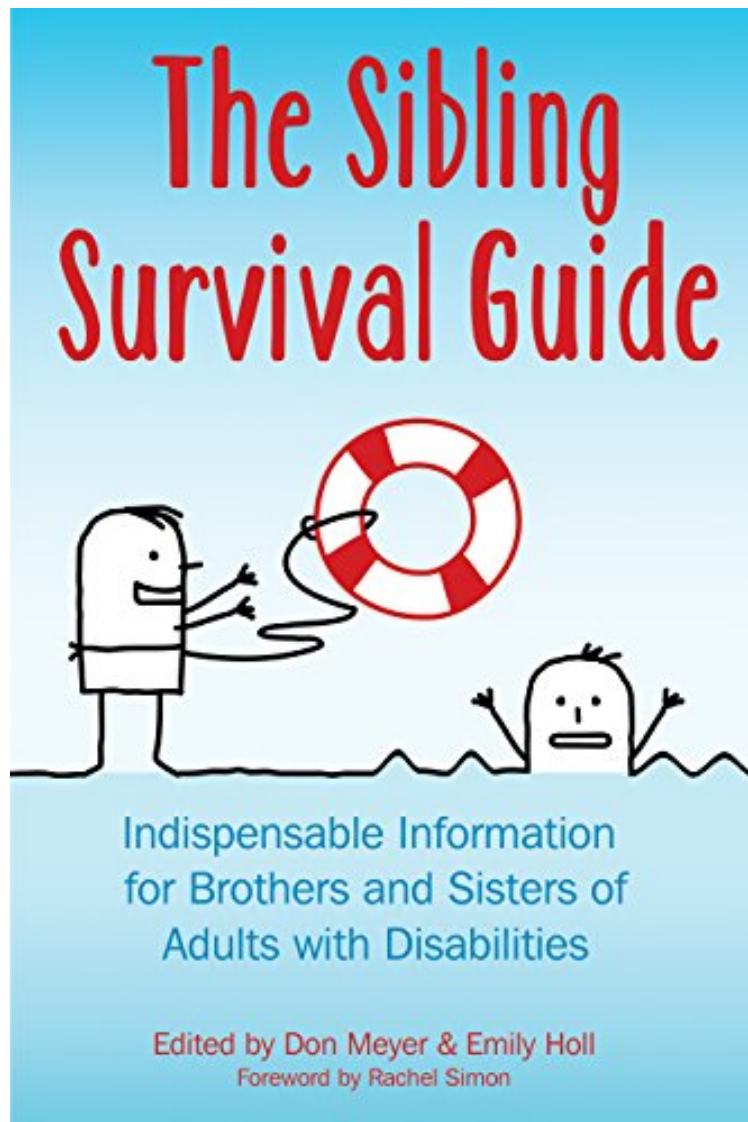


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The Sibling Survival Guide: Indispensable Information for Brothers and Sisters of Adults With Disabilities

Don Meyer, Emily Holl

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Our newest book! If you're a teen or adult sister or brother of someone with a disability, then this book is expressly for you. It will let you know that you're not alone and offers tips on how to talk to your parents about plans for your sibling. And if you're already caring for your sib (or will do so soon) it also provides a crash course in guardianship, medical legal issues, and government benefits. 2014 ForeWord Reviews' INDIEFAB Book of the Year Awards Finalist, Family Relationships category If you're a teenaged or adult brother or sister of someone with a disability, then this book is expressly for you. It offers a sense that you're not alone, tips on how to talk to your parents about plans for your sibling, and a crash course in guardianship, medical legal issues, and government benefits if you're already caring for your sib. Edited by experts in the field of disabilities and sibling relationships, *The Sibling Survival Guide* focuses on the topmost concerns identified in a survey of hundreds of siblings. The chapter authors, experienced siblings and service providers, offer practical information and anecdotes about: - statistics research about siblings - younger siblings' feelings - impact on your life decisions - caring for multiple generations - aging and disability - taking care of yourself - getting services advocacy - future planning Parents, counselors, and disability service agencies will also want a copy of this useful and upbeat book.

If you are looking for absolutely the most up-to-date information of crucial importance to brothers and sisters of people with disabilities, you must add this book to your collection. Don Meyer and Emily Holl, top experts in this field, have carefully researched every source that will answer all your questions about how best to take care of your brother or sister now and in the future. --Mary McHugh, author, *Special Siblings: Growing Up with Someone with a Disability* This book is a comprehensive guide for individuals who has siblings with special needs, the feelings that this sibling relationship fosters, and actionable behaviors and resources that will assist in the successful transition from sibling to eventual caregiver. --CAPHIS Consumer Connections About the Author Don Meyer is the director of the Sibling Support Project, creator of Sibshops, and author of books for siblings. He lives with his family in Seattle, Washington. Emily Holl is a licensed social worker, sibling, and writer. She and her family reside in Brooklyn, New York.