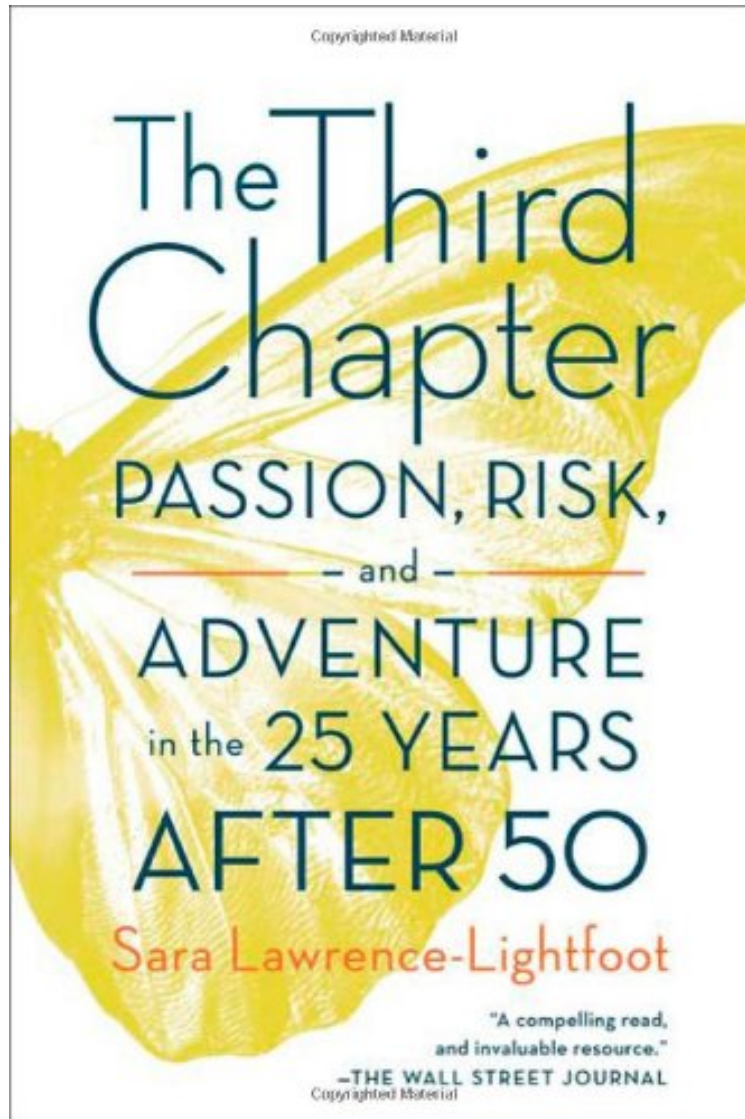


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## The Third Chapter: Passion, Risk, and Adventure in the 25 Years After 50

Sara Lawrence-Lightfoot

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#445381 in Books Sara Lawrence Lightfoot 2009-12-22 2009-12-22Original language:EnglishPDF # 1 8.16 x .86 x 5.52l, .59 #File Name: 0374532214304 pagesThe Third Chapter Passion Risk and Adventure in the 25 Years after 50 | File size: 55.Mb

Sara Lawrence-Lightfoot : The Third Chapter: Passion, Risk, and Adventure in the 25 Years After 50 before purchasing it in order to gage whether or not it would be worth my time, and all praised The Third Chapter: Passion, Risk, and Adventure in the 25 Years After 50:

0 of 0 people found the following review helpful. An inspiring read . . .By anita joy delightThis is a book I've given as

a retirement gift to many friends. It speaks to our elder years as a time of tremendous creative potential and fulfillment. I highly recommend it to anyone who is approaching - or has begun - the passage from an active mid-life to a new and different, often unknown, whatever comes next! 8 of 8 people found the following review helpful. Later Life Learning By Alice Longworth I "enjoyed" reading through this book once, but it's not one I would re-read -- and towards the end it got a little tedious. The basic premise of the book is that adults ages 50 to 75 are still functional enough to learn new and challenging subjects. Sick commentary on this society (not the author's fault!) that folks actually feel compelled to write books to state what should be obvious. The greatest weakness of this book (especially for folks who may be looking for a little inspiration) is that it focuses on older adults who have no immediate financial worries. The discouraging underlying premise (pretty much acknowledged by the author) is that if you are having difficulty making ends meet, you are doomed to brain-dead, repetitious employment with little or no opportunity to reinvent yourself towards a more fulfilling existence in your "later" years. 0 of 0 people found the following review helpful. Really helpful guide By Val Younger people will know how to age well by taking pointers from these older adults who love life. Older adults who find themselves sad or depressed can get some inspiring ideas on how to re-engage and be excited about everyday again. The trick is to follow your dreams. Remember those dreams you had when you were a kid, and you put them aside because you had to go get a job. Well, its time to revive those dreams.

"We must develop a compelling vision of later life: one that does not assume a trajectory of decline after fifty, but one that recognizes it as a time of change, grown, and new learning; a time when our courage gives us hope." from The Third Chapter At a key moment in the twenty-first century, demographers are recognizing the significance of a distinct developmental phase: those years following early adulthood and middle age when we are "neither young nor old." Whether by choice or not, many in their "third chapters" are finding ways to adapt, explore, and channel their energies, skills, and passions in new ways and into new areas. It's this process of creative reinvention that the renowned sociologist Sara Lawrence-Lightfoot details in The Third Chapter, which redefines our views about the casualties and opportunities of aging. She challenges the still-prevailing and anachronistic images of aging by documenting and revealing how the years between fifty and seventy-five may, in fact, be the most transformative and generative time in our lives, tracing the ways in which wisdom, experience, and new learning inspire individual growth and cultural transformation. The Third Chapter is not a how-to guide but a fascinating work of sociology, full of passionate and poignant stories of risk and vulnerability, failure and resilience, challenge and mastery, experimentation and improvisation, and insight and new learning. These stories reveal a whole world of learning and discovery awaiting those who want it. In The Third Chapter, Lawrence-Lightfoot captures a new moment in history and offers us a book rich with insight and hope about our endless capacity for change and growth.

From Publishers Weekly New opportunities for creativity and self-fulfillment await men and women between the ages of 50 and 75. Sociologist Lawrence-Lightfoot (Balm in Gilead) coins the term Third Chapter to describe the rich possibilities as illustrated in her extended interviews with 40 well-educated, affluent Americans. Founding her thesis on classic formulations of life-stage development, particularly that of Erik Erikson, the author offers a wide range of models for people who feel burned out, restless or dissatisfied with their lives, describing how each of her subjects became a different person. A newspaper executive retires and devotes himself to fiction writing and playing jazz piano; a law firm partner leaves work behind and develops small urban gardens; in the aftermath of the September 11 terrorist attack, an artist organizes interfaith quilting groups; a neurobiologist moves from the laboratory to the public arena, to work with HIV/AIDS patients in East Africa. Readers feeling that something is missing from their lives, that there is something more they can contribute, will find this book a helpful guide. (Jan.) Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. The Third Chapter is a compassionate rendering of the challenges of entering uncharted post-career years, followed by an eloquent vision of the joys that lie ahead for those who put giving at the center of living. Rosabeth Moss Kanter, Harvard Business School Professor and bestselling author of Confidence and America the Principled Sara Lawrence-Lightfoot follows her subjects on an extraordinary journey. Read this book and be inspired by the diverse ways these women and men redefine their lives, adding purpose, passion, and reflection as they grow older. Marian Wright Edelman, President, Children's Defense Fund In this singular book, Sara Lawrence-Lightfoot introduces a new stage of life, delineates its intriguing and unexpected contours, and draws lessons that are meaningful for every human being. Howard Gardner, author of Good Work: When Excellence and Ethics Meet Sara Lawrence-Lightfoot, one of our most graceful and gifted chroniclers of the changing psychological landscape, has produced a biography of the new lifestage emerging between the end of the middle years and the arrival of old age. This remarkable tale is conveyed through the nuanced stories of individuals navigating their way through their fifties, sixties, and seventies, and is punctuated by Lightfoot's arresting observations. The result is not only the best book yet about the changing lifecourse, but an inspiring roadmap for individual and social renewal in the emerging third chapter. As ten thousand baby boomers turn sixty each day, the timing of this book is as exquisite as its insights. Marc Freedman, author of Encore: Finding Work That Matters in the Second Half of Life and founder/CEO of Civic Ventures About the Author Sara Lawrence-Lightfoot is the Emily

Hargroves Fisher Professor of Education at Harvard and the chair of the board of the MacArthur Foundation. As a sociologist, she examines the culture of schools, the patterns and structures of classroom life, socialization within families and communities, and the relationships between culture and learning styles.