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## The Third Law

*Tamra Ryan*

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**Tamra Ryan : The Third Law** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Third Law:

0 of 0 people found the following review helpful. "SIX " STAR BOOKBy Carol RyanI chose to read this book because I have seen first hand the vitally important work that The Women's Bean Project is doing to help women who are impoverished and marginalized. In addition, it is well written and extremely interesting; I couldn't put it down. I have given the book to a number of my friends who have told me The Third Law has changed their outlook on the difficulties these women have in re-entering society with increased self-esteem and the opportunity to make their lives better.1 of 1 people found the following review helpful. Awesome account of working with the heart!By T. AdamsGripping. Especially for me because I work with recovering addicts and alcoholics in housing and employment support. Reminded me of a lot that I have learned already, but pointed me towards so much tat I still have to learn. Helped me build compassion again when the daily grind hardens my heart. Have recommended many times.0 of 0 people found the following review helpful. This is a great book!By CustomerThe personalize card signed by Tamra was special! This is a great book!

According to Newton's third law of motion, for every action there is an equal and opposite reaction. The Third Law shows us that even as women work to change their lives there are forces pushing back on that change, societal obstacles that must be overcome and internal demons that must be squelched. It explores what is required for

chronically unemployed and impoverished women to create new lives for themselves. Most of all, the book argues for a more compassionate view of recovering addicts, convicted felons and victims of domestic abuse. Sometimes, believing in another person's potential is all it takes for lasting change.