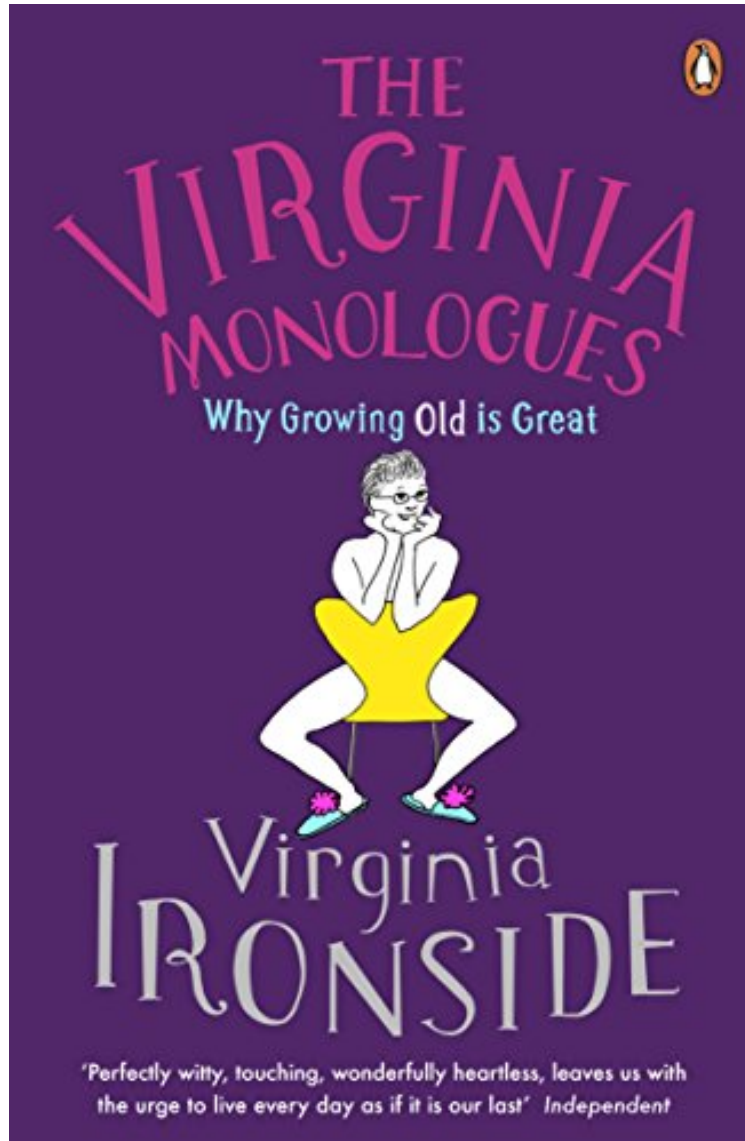


(Download) The Virginia Monologues: Why Growing Old Is Great

The Virginia Monologues: Why Growing Old Is Great

Virginia Ironside

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Virginia Ironside : The Virginia Monologues: Why Growing Old Is Great before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Virginia Monologues: Why Growing Old Is Great:

0 of 0 people found the following review helpful. Five Stars By Jean W Written with humour honesty and directly in touch with our age and stage - top read!
0 of 0 people found the following review helpful. What can't be cured must be managed
By Linda Engelbrecht Thoroughly enjoyed this wry comment on growing older. Very reassuring to recognize one's own problems and foibles cropping up and to be able to have a good laugh along with the author.
3 of 3 people

found the following review helpful. If you don't like the idea of growing old - read this book By Damaskcat I've always enjoyed Virginia Ironside's writing because it is realistic and witty. As I am approaching my sixth decade I thought this might be a good book to read to give me a different perspective on growing old since most people seem to dwell on the disadvantages. I was not disappointed. This is a relatively light hearted look at old age but it doesn't avoid the difficulties. Some of the big advantages of getting older which the author notes with barely suppressed glee are not bothering what people think of you, not being embarrassed by your own or anyone else's behaviour, being able to dress how you want including going to the shop in your nightie with a coat over it, not getting dressed all day if that's what you want, being alone and doing what you want to do when you want to do it and - above all - getting free prescription drugs and free travel. If you're starting to think you might not like old age then read this book - it might make you realise that there are many advantages to being older including increased self confidence. If nothing else the book will make you laugh and consequently make you feel better about your age. Recommended for anyone who is approaching - or has reached - that all important birthday

Getting old? Get over it! For too long those in short skirts have been telling us oldies we don't matter: 'you're out of touch! Get out of the way, grandma! The next generation is coming through.' Well, enough is enough. Because getting old is great. For a start you no longer need to care what anyone thinks. You can let - if you've got any left - your hair down. No one will tell you off for grumbling. And no one minds if you forget (or pretend to forget) who you're talking to. Being rude has never been so easy - or liberating. And that's not all you can get away with now that you've seen it all (and done most of it) . . . Let Virginia Ironside take you through the top twenty reasons why getting old is good for you - and let the young and dumb keep their callow youth!

A perfectly witty rant, touching without being cloying, wonderfully heartless, leaves us with the urge to live every day as if it is our last * Independent * About the Author Virginia Ironside is a journalist, agony aunt and author. Her latest novel, No! I Don't Want to Join a Bookclub, was published by Penguin in 2006. She lives in London and has one son and two grandsons.