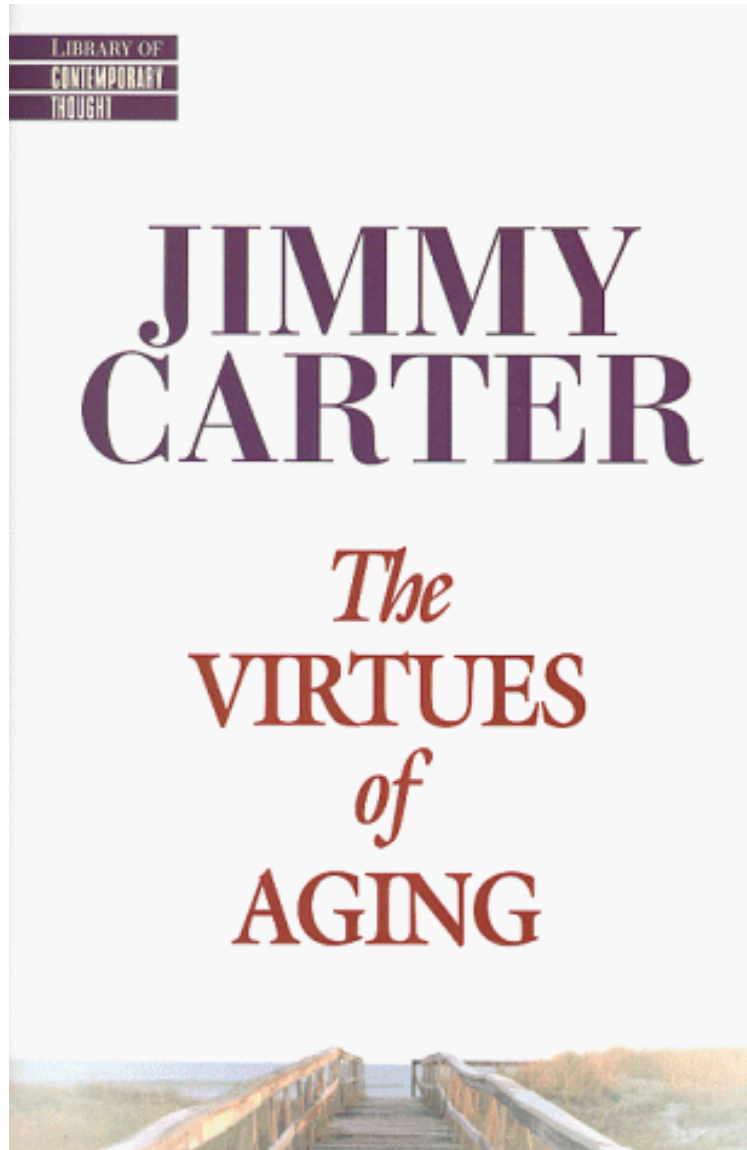



(Get free) The Virtues of Aging (Library of Contemporary Thought)

The Virtues of Aging (Library of Contemporary Thought)

Jimmy Carter

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Jimmy Carter : The Virtues of Aging (Library of Contemporary Thought) before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Virtues of Aging (Library of Contemporary Thought):

3 of 3 people found the following review helpful. Set a new life path
By Marnette Bowen
This is a beautifully written book and it is helping me gain a new perspective. It has taught me to determine a new purpose for my life and re-dedicate my life. Getting older is not an end - not if I don't want it. It is a time for renewal and rebirth. It is a time for finding new interests and perhaps even a new or renewed purpose. I am so happy President Carter wrote this book. He

faced so many worse events at age 56 and beyond - than I could ever face. He has taught me to be resilient and approach my life with a new positive outlook. I love this book. Thank you, President Carter, for re-directing my life. 0 of 0 people found the following review helpful. Learn a bit of life! By David Mr. Carter continues to spread his amazing understanding from living life. 0 of 0 people found the following review helpful. Five Stars By MAGA Another great book from Jimmy Carter that covers aging.

"As we've grown older, the results have been surprisingly good," writes former president Jimmy Carter in this wise, deeply personal meditation on the new experiences that come to us with age. Now in his seventies, President Carter has never enjoyed more prestige or influence on the world stage, nor has he ever felt more profound happiness with himself, with his accomplishments, and with his beloved wife, Rosalynn. In *The Virtues of Aging*, Jimmy Carter shares the knowledge and the pleasures that age have brought him. Blending memoir, anecdote, political savvy, and practical advice, this book truly illuminates the rich promises of growing older. The approach to old age was not an easy one for President Carter. At fifty-six, having lost a presidential election, he found himself involuntarily retired from a job he loved and facing a large debt on his farm and warehouse business. President Carter writes movingly here of how he and Rosalynn overcame their despair and disappointment as together they met the challenges ahead. As the book unfolds, President Carter delves into issues he and millions of others confront in planning for retirement, undertaking new diet and exercise regimens, coping with age prejudice, and sorting out key political questions. On a more intimate level, Carter paints a glowing portrait of his happy marriage to Rosalynn, a relationship that deepened when they became grandparents. Here too are fascinating sketches of world leaders, Nobel laureates, and great thinkers President Carter has been privileged to know--and the valuable lessons on aging he learned from them. *The Virtues of Aging* celebrates both the blessings that come to us as we grow older and the blessings older people can bestow upon others. An important and moving book, written with gentleness, humor, and love, *The Virtues of Aging* is a treasure for readers of all ages.

.com When Jimmy Carter left the White House in 1981, he and his wife, Rosalynn, had to face the same questions many elder Americans encounter when retirement approaches: "How could we accommodate the unpleasant circumstances that had been forced on us? What were our assets and abilities? What were the dependable factors in a good life, and how could we recognize and develop them? Was it at all possible for us to be as satisfied in the future as we had been during some of our most interesting, adventurous, and successful times? Did we have anything much to offer in the years ahead?" In the years since, both Carters have become internationally recognized for their work as authors, teachers, and humanitarians, but as Carter amiably insists in *The Virtues of Aging*, you don't need to be a former president (or first lady) to make a difference in your life and the lives of others. He urges older Americans to take charge of their lives--by staying active, whether it's through volunteerism or indulgence in personal recreation; by relying on oneself as much as possible; by getting involved with others; and by putting one's affairs in order with an honest self-awareness of the inevitability that even the richest, most rewarding life comes to a close. Like all the books in the Library of Contemporary Thought series, this is a fairly short tome, but it lives up to the best in the series--such as Pete Hamill's *News Is a Verb* or Seymour Hersh's *Against All Enemies*--by presenting readers with something to ponder on just about every page. From the Inside Flap "As we've grown older, the results have been surprisingly good," writes former president Jimmy Carter in this wise, deeply personal meditation on the new experiences that come to us with age. Now in his seventies, President Carter has never enjoyed more prestige or influence on the world stage, nor has he ever felt more profound happiness with himself, with his accomplishments, and with his beloved wife, Rosalynn. In *The Virtues of Aging*, Jimmy Carter shares the knowledge and the pleasures that age have brought him. Blending memoir, anecdote, political savvy, and practical advice, this book truly illuminates the rich promises of growing older. The approach to old age was not an easy one for President Carter. At fifty-six, having lost a presidential election, he found himself involuntarily retired from a job he loved and facing a large debt on his farm and warehouse business. President Carter writes movingly here of how he and Rosalynn overcame their despair and disappointment as together they met the challenges ahead. As the book unfolds, President Carter delves into issues he and millions of others confront in planning for retirement, undertaking new diet and exercise regimens, coping with age prejudice, and sorting out key political questions. On a more intimate level, Carter paints a glowing portrait of his happy marriage to Rosalynn, a relationship that deepened when they became grandparents. Here too are fascinating sketches of world leaders, Nobel laureates, and great thinkers President Carter has been privileged to know--and the valuable lessons on aging he learned from them. *The Virtues of Aging* celebrates both the blessings that come to us as we grow older and the blessings older people can bestow upon others. An important and moving book, written with gentleness, humor, and love, *The Virtues of Aging* is a treasure for readers of all ages. About the Author Jimmy Carter (James Earl Carter, Jr.), thirty-ninth president of the United States, is the author of thirteen previous books. In 1982 he became University Distinguished Professor at Emory University in Atlanta, Georgia, and founded The Carter Center, which addresses national and international issues of public policy and attempts to promote democracy, protect human rights, and prevent disease and other afflictions. In 1991, President Carter launched The Atlanta Project (TAP), a communitywide

effort to attack the social problems associated with poverty. He also teaches Sunday school and is a deacon in the Maranatha Baptist Church of Plains. For recreation, he enjoys fly-fishing, woodworking, jogging, cycling, tennis, and skiing.