

Therapeutic Community: A Practice Guide

Fernando Perfas

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Fernando Perfas : Therapeutic Community: A Practice Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Therapeutic Community: A Practice Guide:

3 of 3 people found the following review helpful. Good stuff! By E. Higby I must admit that I wasn't sure what to expect from this book. The cover appeared somewhat different from "professional" texts, but the material contained therein more than makes up for the cover design. Knowing little more than the theory behind the TC, I was well informed when I had worked through this one. The structure of the TC management, the details of how the addict is transformed through the unique TC community to a productive, stable member of society, and everything in between

is covered. Aside from working in one, I have yet to see anything that comes close. The TC terms are covered and many details are thrown in. From the first minute someone contacts a TC through their re-entry, there is a reason everything is done. This book provides those reasons. The author has worked with Daytop, a leading national TC treatment provider. 0 of 0 people found the following review helpful. This is always our go to reference book whenever we ...By pen name This is always our go to reference book whenever we need to remind ourselves of certain practices in the TC. 0 of 0 people found the following review helpful. This Book is a Necessity if you work in a therapeutic community as an addictions counselor By Lorrie Hart Has Counselor's creed, and the basics of how a TC works. Very insightful.

A readable and concise book on Therapeutic Community (TC). The author's style provides an experiential flavor while he attempts an easy to follow description and explanation of various aspects and methods of the TC. Although the book focuses on practical aspects it, nevertheless, offers the theoretical bases of some TC practices in the treatment of addiction. The book describes the current applications of the TC, and traces the origins of some of its practices. Chapters on spirituality in TC, the treatment of adolescent, relapse prevention, the role of family in drug treatment, and research and evaluation are included to cover other scopes of the TC that contribute to its positive treatment outcome.

About the Author Fernando Perfas has written and lectured on Therapeutic Community (TC) based on three decades of experience in the field of addiction. His multi-cultural experience includes clinical and training experiences in the Philippines, Thailand, and the U.S., and over thirty countries where he had conducted training on TC. He works for Daytop and holds a doctorate of Social Welfare from Adelphi University in New York.