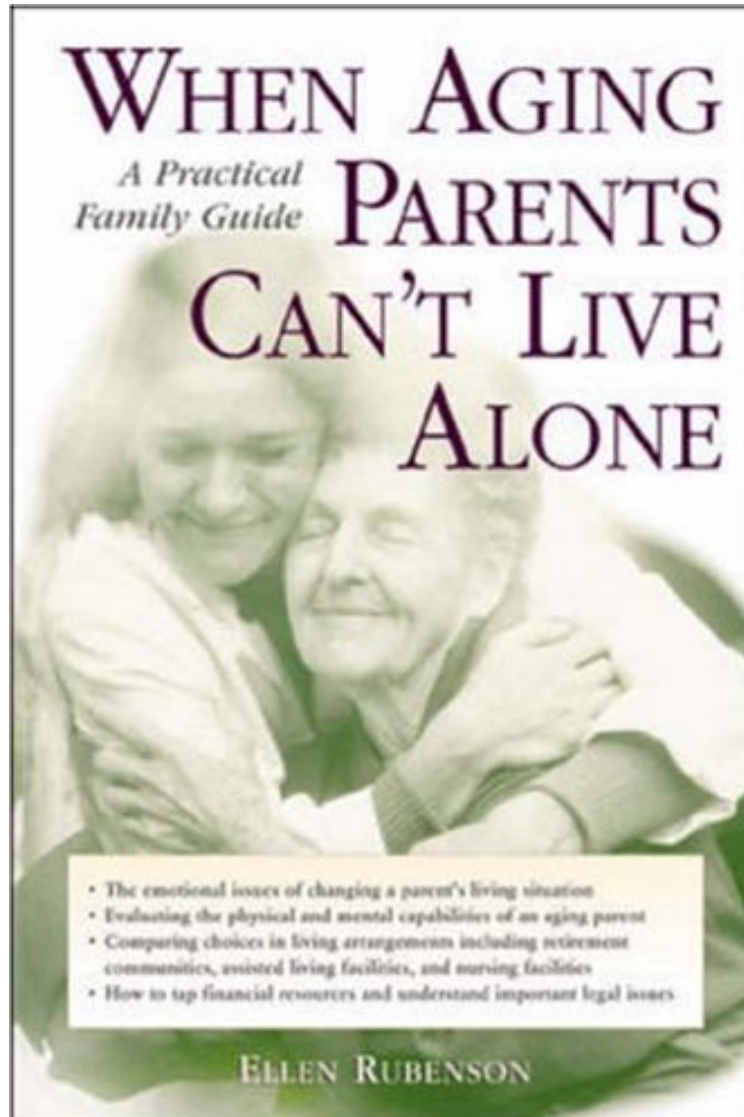


[Download] When Aging Parents Can't Live Alone : A Practical Family Guide

When Aging Parents Can't Live Alone : A Practical Family Guide

Ellen F. Rubenson

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Ellen F. Rubenson : When Aging Parents Can't Live Alone : A Practical Family Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised When Aging Parents Can't Live Alone : A Practical Family Guide:

6 of 7 people found the following review helpful. excellent step-by-step guide to handling tough situationBy Echo E. FieldsIn this outstanding work, Ellen Rubenson provides extensive "nuts and bolts" guides to assessing elders' needs, family capacity to provide care, information on products and services, insurance, hospitals, and alternative living

situations. Readers will also find an extensive guide to on-line information sources. Anyone who has dealt with the long-term care system knows that you practically have to be your own doctor, own lawyer and own social worker. This book shows readers how to better navigate these waters. We want to help our aging parents and relatives but too often get paralyzed by confusion, family conflict, guilt, ignorance, anger, burnout, fear, regret, and the sense that we'll be ineffective. Relying on this book will certainly increase the chances of actually being useful while helping to manage all those feelings. Rubenson's book is an invaluable guide for facing what we'd like to deny: The US population is aging. The percentage of the "old old," people over 80, is rapidly increasing, and when we "boomers" start to hit our late 60s, we will seriously strain medical, housing, and economic resources. We are now helping our elder parents' deal with their challenges, but soon enough it will be our own (and our children's) turn to make the decisions Rubenson describes. This book helped me to fully realize the personal impact of the challenge our social and economic infrastructure faces. 1 of 2 people found the following review helpful. "Must" reading for adult children of aging parents. By Midwest Book Review. Ellen Rubenson's, *When Aging Parents Can't Live Alone* provides step-by-step explanations of alternatives to living alone, and surveys the decisions and choices involved in evaluating physical and mental health, finances, insurance benefits, and safety issues. From legal issues to evaluating facilities and understanding their different levels of care, this is packed with important considerations.

Written for those affected by an elderly parent's inability to continue living autonomously, "*When Aging Parents Can't Live Alone* provides comprehensive information on in-house help, retirement communities, assisted living options, and nursing facilities. Financial, medical, and emotional considerations are discussed, enabling families to make healthy decisions about this sometimes delicate and emotional situation.

From Library Journal. As parents age, living independently often becomes difficult because of declining physical and mental health. Among the housing options available to older adults who can no longer live alone are retirement communities, assisted living, nursing homes, board and care facilities, living with adult children, or using in-home services. Understanding what each arrangement offers and deciding which will provide the best possible living arrangement for the older person's health and emotional well-being at an affordable cost can be challenging. Medical social worker Rubenson's guide describes services and amenities provided by both short-term and long-term arrangements such as hospice, rehabilitation facilities, and acute care hospitals, along with costs, insurance coverage, staffing, and licensing requirements. While doing an adequate job of describing housing choices, the book is poorly organized and lacks documentation of facts and figures. Questionnaires to assist in the decision-making process are overly simplistic, with several appearing in more than one chapter. The case histories often seem patronizing and do little to enhance the text. Appendixes include a resource list, a glossary, and, inexplicably, a guide to using the yellow pages of the telephone directory. A marginal purchase. AKaren McNally Bensing, Benjamin Rose Inst. Lib., Cleveland Copyright 2000 Reed Business Information, Inc.