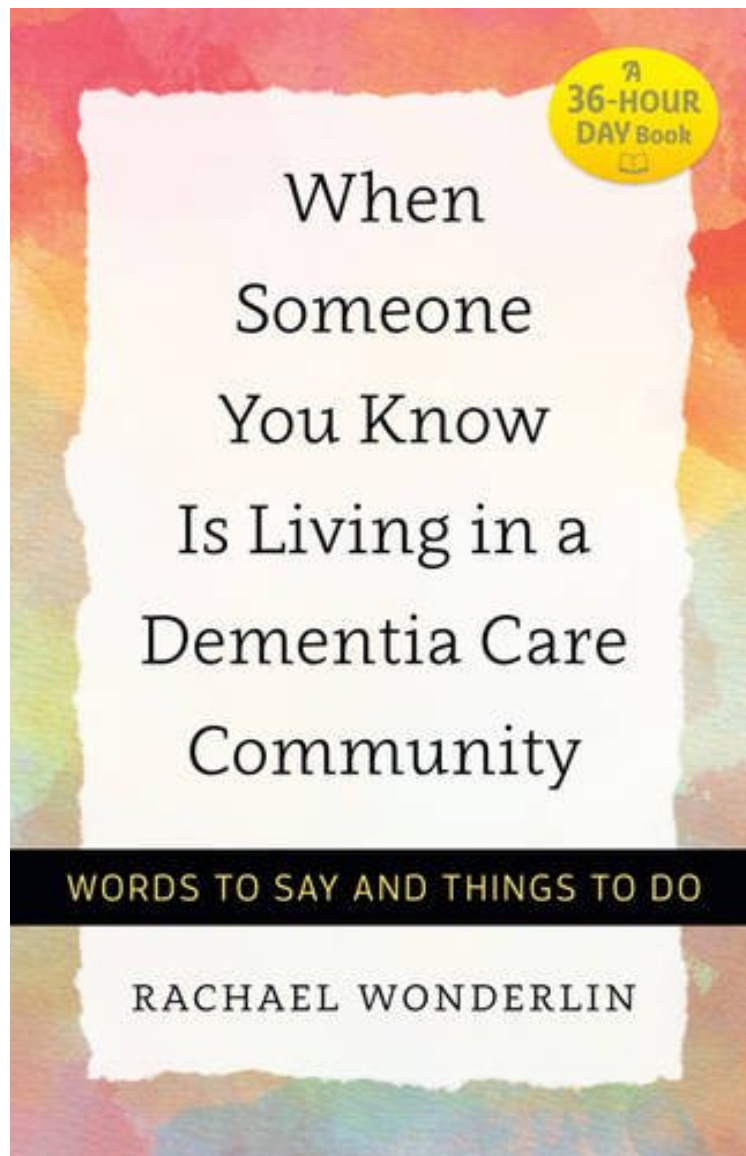


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When Someone You Know Is Living in a Dementia Care Community: Words to Say and Things to Do (A 36-Hour Day Book)

Rachael Wonderlin

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Rachael Wonderlin : When Someone You Know Is Living in a Dementia Care Community: Words to Say and Things to Do (A 36-Hour Day Book) before purchasing it in order to gage whether or not it would be worth my time, and all praised When Someone You Know Is Living in a Dementia Care Community: Words to Say and Things

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By Alana This is a wonderfully informative book, written in a very straightforward and practical way. The stories intertwined throughout the book really bring it to life. This is a great addition to the field.
3 of 3 people found the following review helpful. Beautiful stories. Easy read. Highly recommended.
By mollsmonster This book is filled with personal stories that helps to outline the do's and don'ts to being the best support system to someone with a dementia diagnosis. Rachael helps readers understand that caring for someone with dementia is about focusing on the "here and now" - a challenge we are all capable of taking on. This book has sparked conversation in my own family about dementia and the emotional response it often evokes when trying to understand the diagnosis. I have recommended this book to family friends and coworkers alike.

Life changes dramatically for the entire family when the decision is made to move a person who has dementia from home to community care. Rachael Wonderlin, a gerontologist, dementia care expert, and popular dementia care blogger, helps caregivers cope with the difficult behaviors, emotions, and anxieties that both they and their loved one may experience. Writing from her own practice and drawing on the latest research in gerontology and dementia, Wonderlin explains the different kinds of dementia, details the wide range of care communities available for people who have dementia, and speaks empathetically to the worry and guilt many families feel. "Do not let anyone make you feel like you have taken the easy way out by choosing a dementia care community," she writes. "You are still going to deal with a lot of challenging behaviors, concerns, and questions regarding your loved ones care." *When Someone You Know Is Living in a Dementia Care Community* is an accessible guide offering answers to such questions as: How do I choose a place for my loved one to live? What can I find out by visiting a candidate memory-care community twice? What do I do if my loved one asks about going home? How can I improve the quality of my visits? What is the best way to handle conflict between residents, or between the resident and staff? How can I cope with my loved ones sundowning? What do I do if my loved one starts a romantic relationship with another resident? An indispensable book for family members and friends of people with dementia, *When Someone You Know is Living in a Dementia Care Community* touches the heart while explaining how to make a difficult situation better.

"It is an interesting book and has helpful information for all types of readers." (Nursing Times)
"A thorough, informative, and detailed discussion." (Peter V. Rabins, MD, MPH, Johns Hopkins University School of Medicine, coauthor of *The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss*)
About the Author Rachael Wonderlin holds an MS in gerontology from the University of North Carolina Greensboro. She has served as memory care director in several long-term care communities around the country and is the author of the blog *Dementia By Day*.