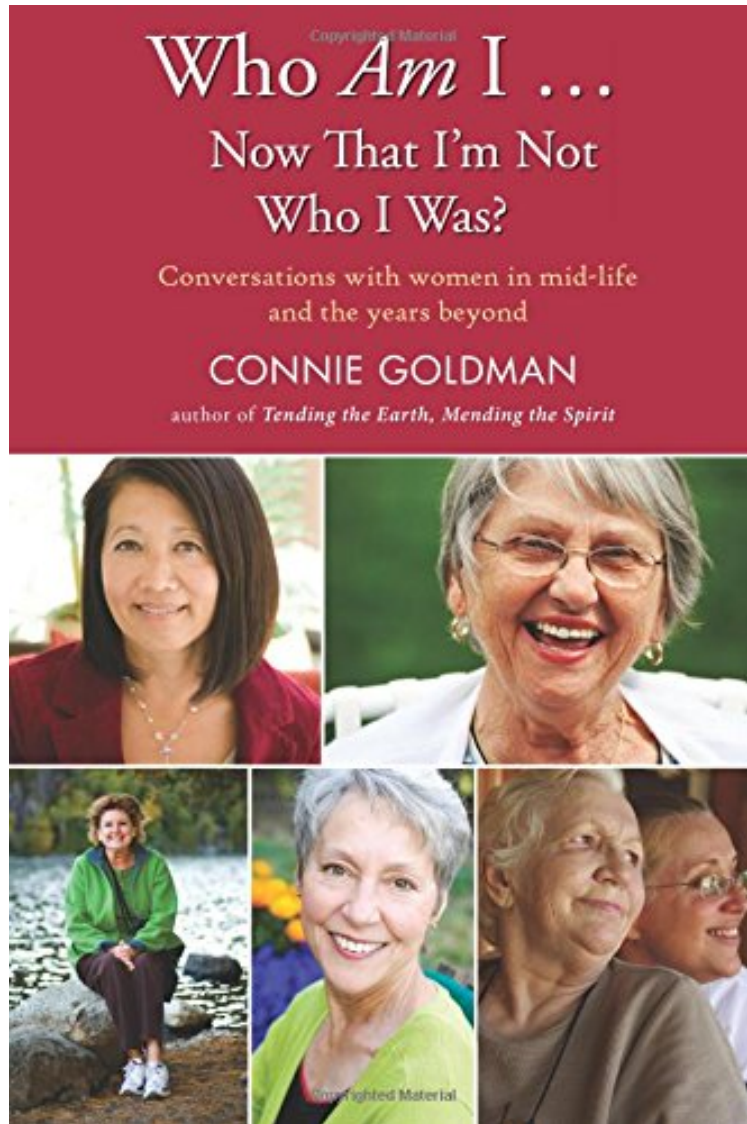


[E-BOOK] Who Am I ... Now That I'm Not Who I Was?: Conversations with Women in Mid-life and the Years Beyond

Who Am I ... Now That I'm Not Who I Was?: Conversations with Women in Mid-life and the Years Beyond

Connie Goldman

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Connie Goldman : Who Am I ... Now That I'm Not Who I Was?: Conversations with Women in Mid-life and the Years Beyond before purchasing it in order to gauge whether or not it would be worth my time, and all praised Who Am I ... Now That I'm Not Who I Was?: Conversations with Women in Mid-life and the Years Beyond:

8 of 8 people found the following review helpful. Women too much the same By Susanne C. I have learned my lesson

about midlife books. They are almost all about highly privileged women with Ivy League educations, wealth, and successful careers. There is a dreary sameness about them. Just too hard to make the intellectual leap required to relate their glamorous lives to mine, as a stay at home mother of five whose only job after college was waitressing. (Recession of 82). Oh there is a token housewife in this one, but her story is very shallowly explored. They all leave more questions unanswered than revealed, even assuming you care. 7 of 7 people found the following review helpful. Connie Goldman creates another gem! By Joyce Cohen Connie Goldman shares the expression "facts validate but stories illuminate." This is SO true of her newest book, "Who Am I...Now That I'm Not Who I Was?" The author holds 18 interviews with women who share deeply personal insights and gifts that come with age and becoming authentic and "real." When I picked up the book, I wanted to read one story at a time (6-12 pages or 1 chapter before going to sleep) but I got hooked and couldn't put the book down. I kept wanting to read the next story, ponder the insights of the interviewee and read Goldman's musings and questions. For sure, I'll go back to these interviews time and again. I not only identified with many of the interviewee's insights but also they reminded me of people I've met and sparked my own questions or confirmations. I instantly wanted to share this book. It's such a meaningful gift for friends and family, central to women's book clubs and discussion groups. I also plan to assign it as part of core curriculum for a graduate course that I teach on women's mid life journey. In essence, this book explores mid-life, its trials, triumphs, insights and opportunities. Much of the compelling nature of the book is the way the author has woven life stories, learnings, insights, and her own thoughts throughout. You feel like you're sharing privileged conversation at the kitchen table. The 18 stories are filled with provocative inquiries, meaningful dialogue and wonderful quotes. Each story ends with the wisdom of Goldman's thoughts. Those Afterthoughts, by themselves, are worth more than the price of a therapist's couch! I didn't want this book to end because the stories and insights were so rich and transferable. What a jewel to read and share! Kudos, Connie Goldman! 0 of 0 people found the following review helpful. Good for a Gift By oldandbold Such a good read I bought this to give as a gift.

Middle-aged and elderly women discuss the challenges, as well as the opportunities, of refashioning their identities in conversations with NPR journalist Connie Goldman.