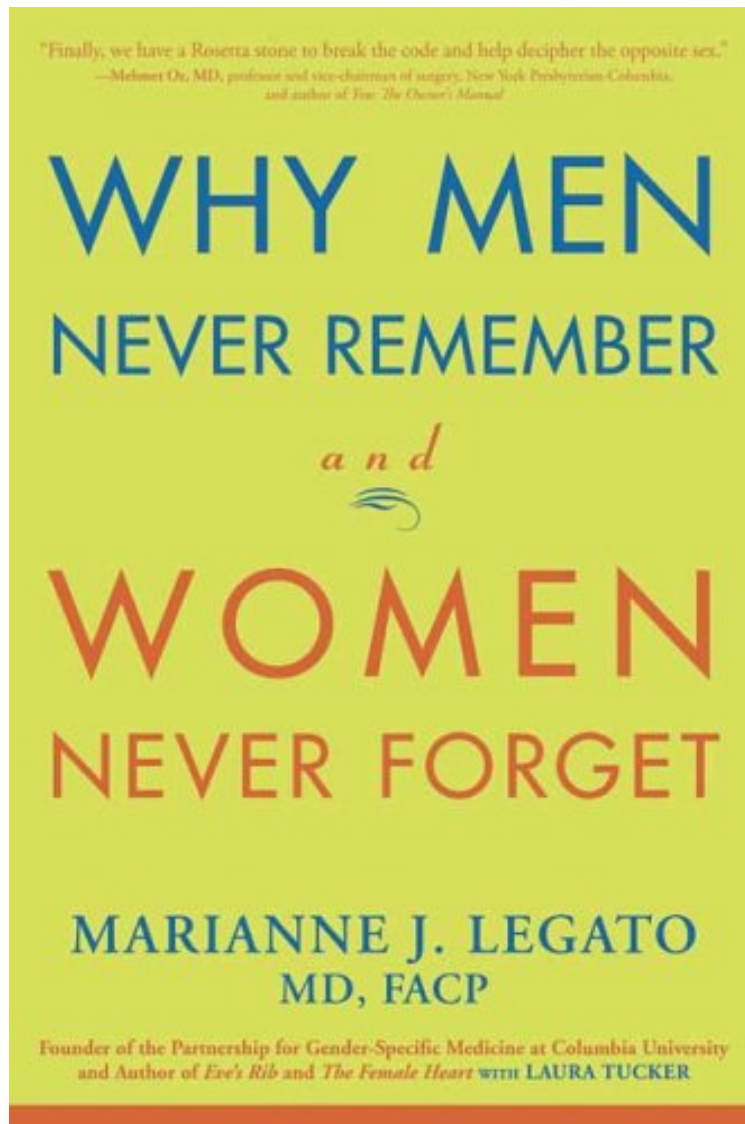


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## Why Men Never Remember and Women Never Forget

Marianne J. Legato M.D. F.A.C.P., Laura Tucker  
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**Marianne J. Legato M.D. F.A.C.P., Laura Tucker : Why Men Never Remember and Women Never Forget**  
before purchasing it in order to gage whether or not it would be worth my time, and all praised Why Men Never Remember and Women Never Forget:

1 of 1 people found the following review helpful. good insightBy Alix LolaThis was one of the first books I read about the differences between men and women, and it had some really good insight. For example, I never knew that women's brains are wired to multitask while men's brains are not. I've read more books on this topic, but this was a good start

and I'll likely read it again in the future. 2 of 2 people found the following review helpful. Interesting reading. By Customer I would not be able to recommend this book. Seems like this book was written by a feminist who was looking for evidence to prove some of today's progressive misconceptions-- women are somehow superior to men-- sexual orientation is a result of training. Lol. You must be kidding?! Many ideas presented in this book are completely contrary to obvious evidence of nature. One must delve deeply into one's own mind to believe it. 0 of 0 people found the following review helpful. Five Stars. By Cris24 Great book. If I should have read it before, would have done easier my husband's life!!

Why won't he ask for directions? Why does she always want to talk about the relationship? Why is it so hard for men and women to understand each other . . . and what can we do about it? These are the kinds of questions that are resolved at last in *Why Men Never Remember and Women Never Forget* from the founder of gender medicine. Dr. Marianne Legato not only confirms that men and women are different, but she uncovers the neuroscientific reasons behind the age-old disputes between the sexes, while providing a groundbreaking, authoritative, and reader-friendly guide to resolving them.

From *Scientific American* A four-year-old could tell you that men and women are not the same, but even adults struggle to explain why. That is where *Why Men Never Remember and Women Never Forget* steps in. Citing a plethora of recent research, Marianne J. Legato sets out to describe why men and women vary so widely in their reactions and thoughts. In so doing, she hopes that readers will grasp the science of our biochemically controlled brains and, in light of it, seek to limit discord between men and women in the home and workplace. A tool kit to fix the male-female communication conundrum is an admirable goal, but one that Legato does not quite achieve. Although the science behind our divergent brains provides mini-epiphanies, the focus of the book gets lost in its mix of memoir, guidance and concrete science. The information to help the sexes get along better shows up occasionally, as in a brief reference to a mother who employs what she now knows about the male brain to fight less with her teenage son. Still, there are a lot of diversions along the way. One distraction is the decidedly female vantage point taken. Legato, a champion of rectifying medicine's lapse in female-focused research, is a doctor who founded Columbia University's Partnership for Gender-Specific Medicine, where the word "gender" might as well be "female." For a book trying to bridge knowledge gaps, Legato represents the male world in strikingly few instances. The skewed view may arise from trying to force the theme of "the sexes are from different planets." Legato might have better served the reader by explaining how sex-based brain revelations can affect our lives: how doctors could provide better health care when it is geared toward each sex, how teachers could optimize student learning by tailoring their approaches, and, yes, why women in the bedroom need not be offended if their male partners do not necessarily want to cuddle. Despite missing the opportunity to explore the future relevance of gender brain science, the book does offer a fair amount of enlightening information. Although Legato does not provide that much guidance for how to use our new awareness, a thinking person can start to figure it out. And whether you are male or female, isn't that what our brains are for? Sarah Todd Davidson Reading this book is a total 'aha' experience from start to finish. As a therapist and scientist, I cannot begin to describe how helpful it will be to anyone who has ever been perplexed, angered, confused, or frustrated by anyone of the opposite sex. Alice Domar, MD, author of *Self-Nurture and Healing Mind, Healthy Woman* Readers cannot help but share [Legato's] fascination with a subject that has such a direct impact on all our relationships. Cleveland Plain Dealer About the Author MARIANNE J. LEGATO, MD, FACP, is emeritus professor of clinical medicine at Columbia University, where she founded and heads the Partnership for Gender Specific Medicine. One of the world's foremost experts on gender medicine and winner of many awards for her work, she is the author of *The Female Heart, What Women Need to Know, and Eve's Rib*. She practices gender-specific medicine in New York City.