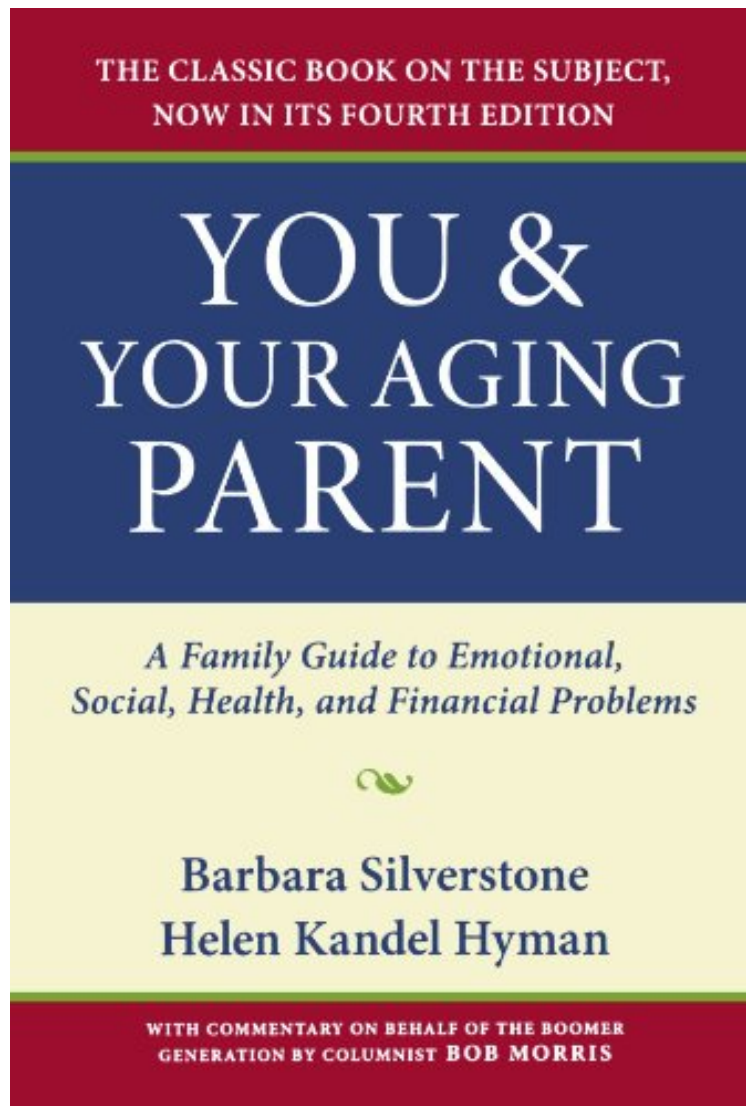


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# You and Your Aging Parent: A Family Guide to Emotional, Social, Health, and Financial Problems

*Barbara Silverstone, Helen Kandel Hyman*  
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#203906 in Books Barbara Silverstone 2008-02-27Original language:EnglishPDF # 1 6.00 x 1.20 x 9.20l, 1.33 #File Name: 019531316X432 pagesYou and Your Aging Parent A Family Guide to Emotional Social Health and Financial Problems | File size: 27.Mb

**Barbara Silverstone, Helen Kandel Hyman : You and Your Aging Parent: A Family Guide to Emotional, Social, Health, and Financial Problems** before purchasing it in order to gage whether or not it would be worth my time, and all praised You and Your Aging Parent: A Family Guide to Emotional, Social, Health, and Financial Problems:

0 of 0 people found the following review helpful. the better prepared you will be for the inevitableBy 50s LabRatI bought the first version 35 years ago, when my parents were the aging ones. I was lazy put off reading it until "someday." Big mistake. Now I AM the "aging parent", I finally got around to reading it, I WISH I had read it 35 years ago, it would have made both my life AND my parents MUCH EASIER. It is extremely thorough in describing the social, financial family issues involved in caring for elderly relatives, usually (but not always) parents. It is not a question of IF you will have these concerns in the future (whether for your parents or yourself), but WHEN, so the sooner you read this ( probably some others after you find what some of the major issues are), the better prepared you will be for the inevitable. I bought multiple copies for our children, in hopes they will learn from my experience.2 of 2 people found the following review helpful. Excellent resourceBy Dr. JEveryone should read this book. They give an excellent lay of the land and help the reader understand the basic issues.0 of 0 people found the following review helpful. Five StarsBy Jo Ann DavisGreat perspective on relationship issues. Glad I bought it.

First published in 1976, *You and Your Aging Parent* is a classic--the first book to shed light on the challenging relationship between adult children and their aging parents, illuminating the emotional, health, and financial difficulties that elderly parents and their children face during the senior years. Marking the 30th anniversary of this highly popular book, the new and revised edition addresses the changes that have taken place in the last three decades, but it still embraces the authors' fundamental insight--that the difficulties and challenges of the aging process are as much a family affair as in any other phase of life. Both a sensitive exploration of the dynamics of the aging family relationship (between parent and child, and sibling and sibling) and an authoritative how-to guide for seniors and their families navigating the practical problems of growing old in America, *You and Your Aging Parent* has been thoroughly updated to reflect the latest research findings and changes affecting older adults, including in health care and social services. The book also includes a running commentary by Bob Morris--playwright, author, and humorist--who provides insightful and entertaining observations about his trials and tribulations with his own parents as they aged, serving as a contemporary voice for the middle-aged caregiver of today. As the first of the baby boom generation turns 60 and their increasingly frail parents approach late retirement and final decline, this new and updated edition of *You and Your Aging Parent* will answer their need for authoritative, practical information about this major phase of life.